



Hoogteprofielen AnnaHiking wandelingen MTWT319I

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(4-10-2018)



Overzicht wandelingen

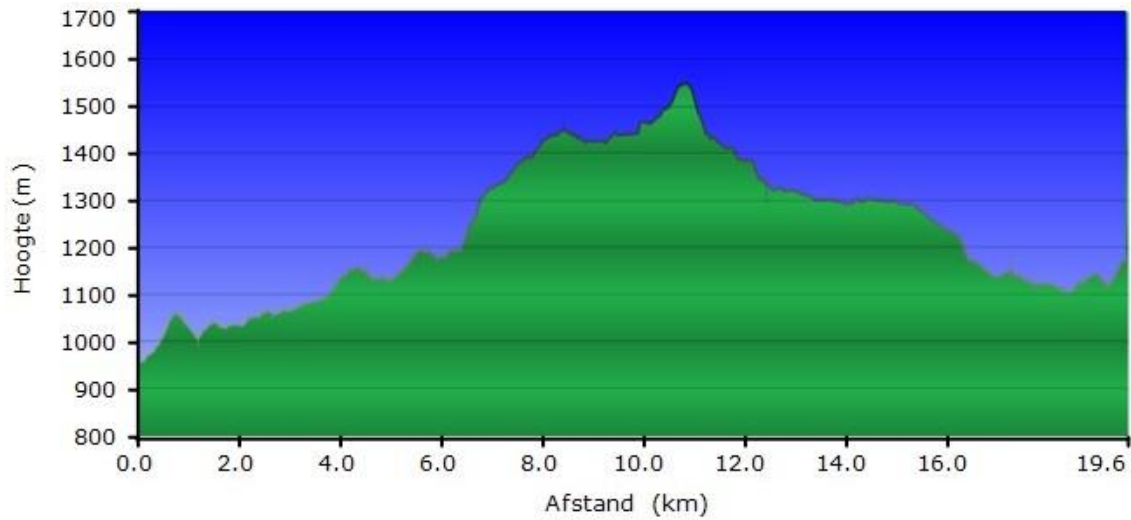
dag	invulling	overnachting	tijd in uren	lengte in km	m stijgen	m dalen
1	naar Stemnitsa	Stemnitsa				
2	Stemnitsa - Lousios kloof - Dimitsana	Dimitsana	5:00	12,5	830	950
3	Dimitsana - Zygovisti - Elati	Elati	7:00	19,1	900	690
4	Elati - Pyrgaki bronnen - Mylaon rivier - Vytina	Vytina	3:00	8,5	235	380
5	Vytina - Mylaon rivier - Zarziou brug - Palia Vytina - Nymfasia	Nymfasia	3:00	10,0	400	580
6	Nymfasia - Magoulia - Valtesiniko	Valtesiniko	6:00	15,5	465	900
7	Valtesiniko - Lagkadia	Lagkadia	5:00	13,9	600	780
8	vertrek					



Dag 2: Stemnitsa – Dimitsana



Dag 3: Dimitsana – Elati

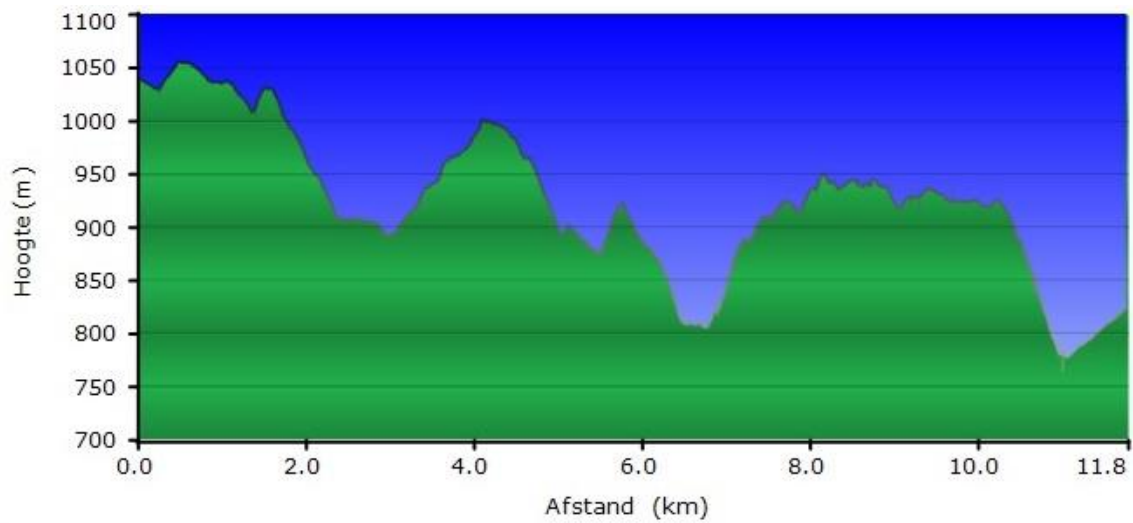




Dag 4: Elati – Vytina

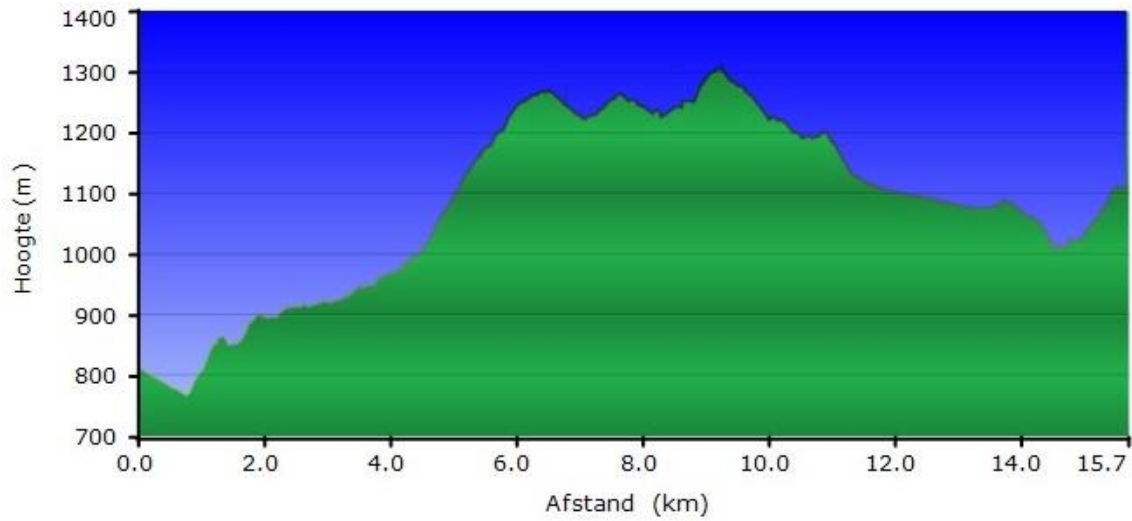


Dag 5: Vytina – Nymfasia





Dag 6: Nymfasia – Valtesiniko



Dag 7: Valtesiniko - Lagkadia

