



Hoogteprofielen AnnaHiking wandelingen PZWT110I

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(11-4-2020)

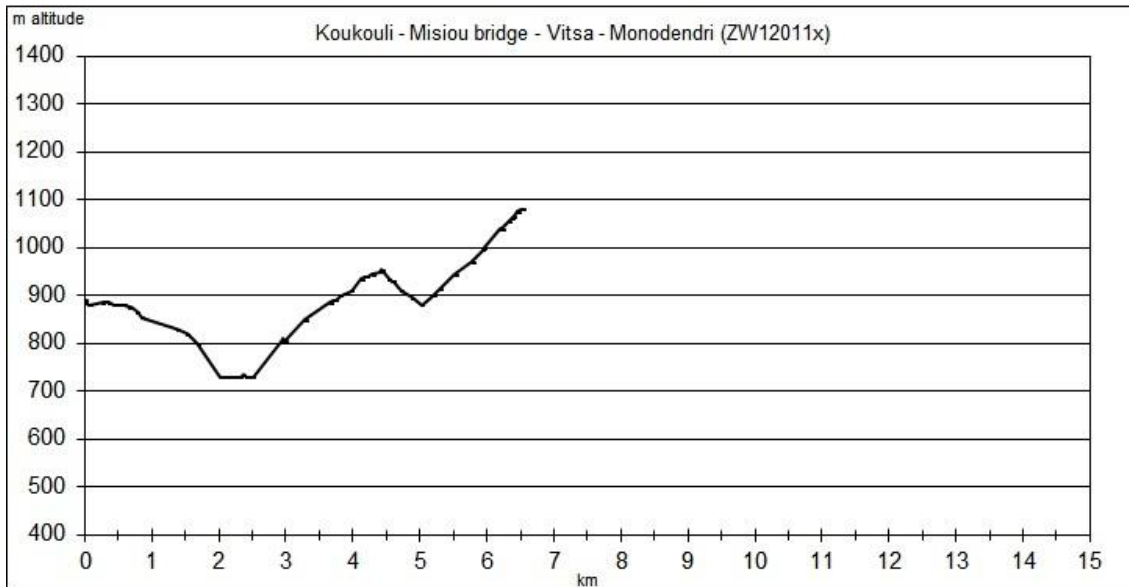


Overzicht wandelingen

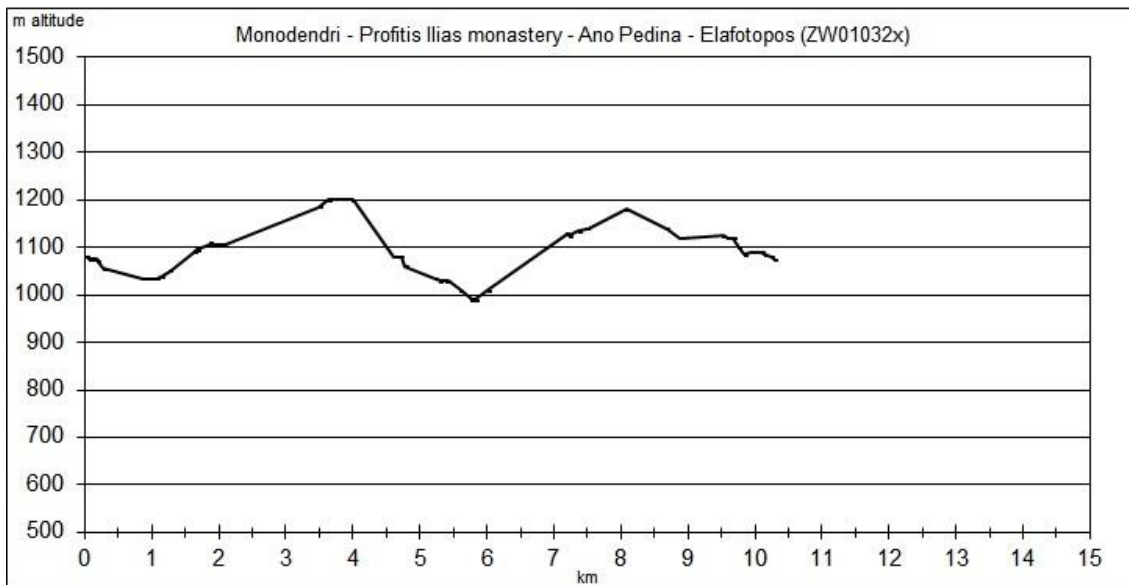
dag	invulling	overnachting	tijd in uren	lengte in km	m stijgen	m dalen
1	transfer Ioannina-Koukouli	Koukouli				
2	wandeling ZW12012x	Monodendri	2:35	6,5	440	250
3	wandeling ZWZ01032x	Elafotopos	3:30	9,9	375	365
4	wandeling ZW03041x, transfer naar Aristi (15')	Aristi	3:30	8,9	285	600
5	transfer naar Aristi brug (15'), wandeling ZW98061x	Ano Klidonia	3:15	10,3	595	145
6	wandeling ZW06081x	Mikro Papingo	3:50	11,7	640	555
	OF: wandeling ZW06083x		2:30	7,7	345	260
7	wandeling ZW08982x, transfer naar Aristi	Aristi	3:40	9,6	350	875
8	transfer Aristi-Ioannina					



Dag 2: Koukouli – Vitsa – Monodendri (ZW12011x)

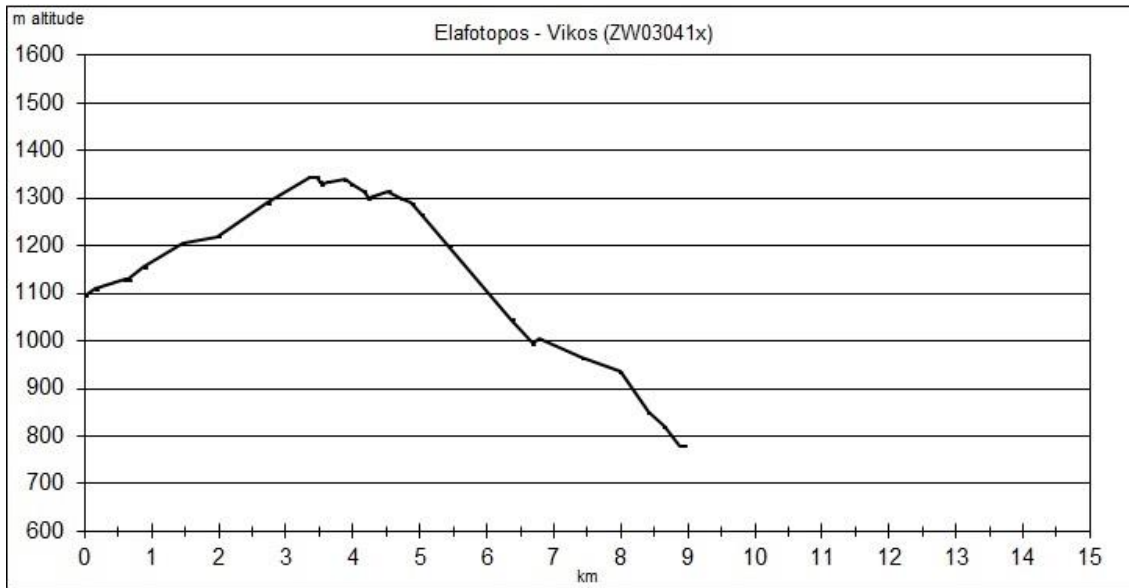


Dag 3: Monodendri – Elafotopos (ZW01032x)

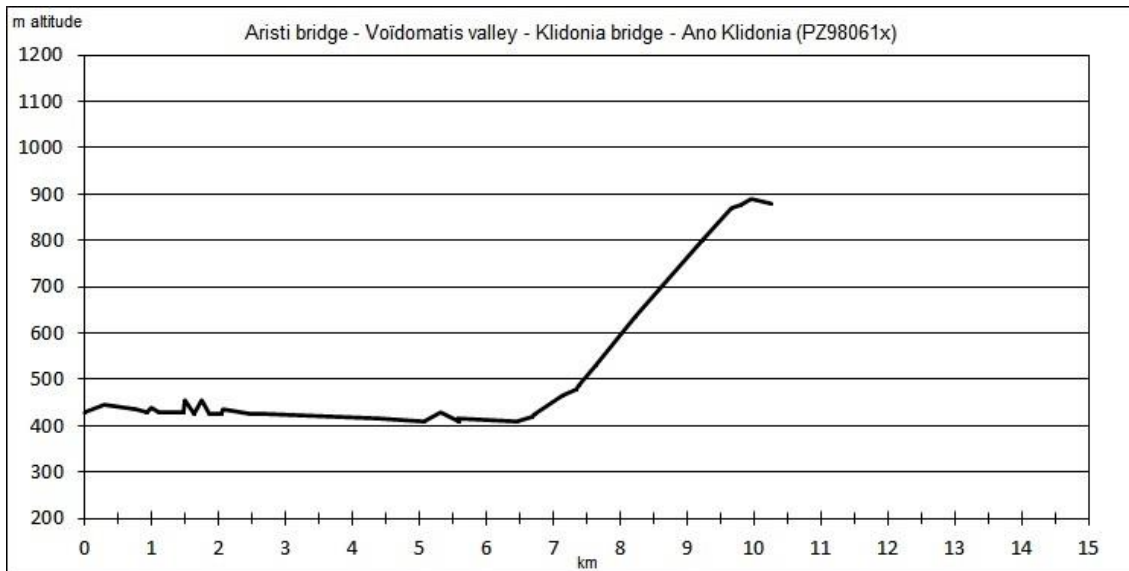




Dag 4: Elafotopos – Vikos (ZW03041x)

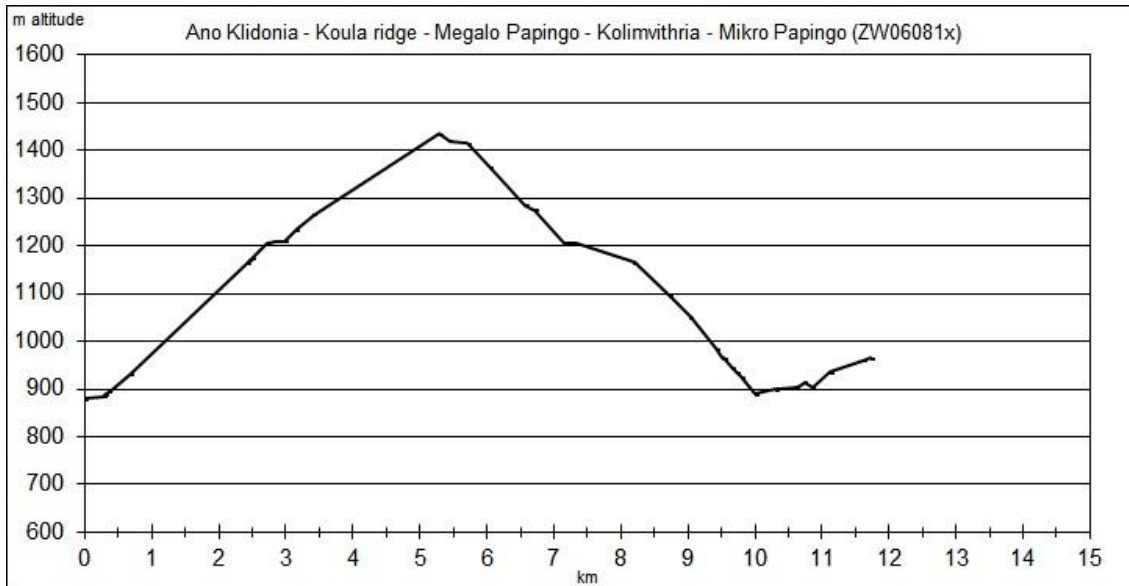


Dag 5: Aristi brug – Ano Klidonia (ZW98061x)

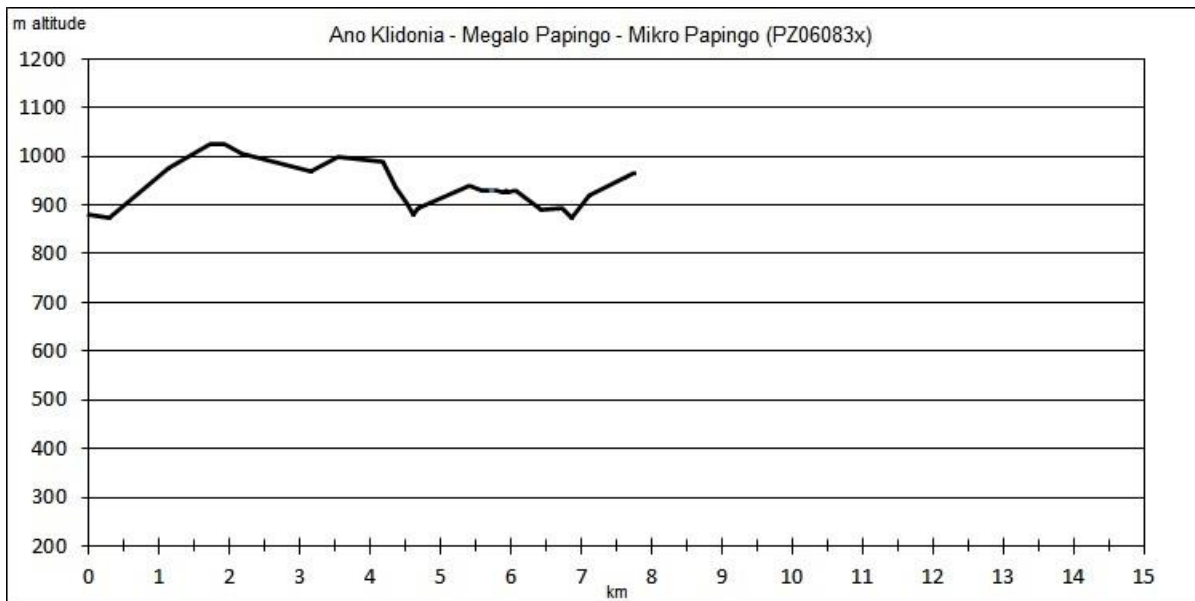




Dag 6: Ano Klidonia – Koula kam – Mikro Papingo (ZW06081x)



Dag 6 alternatief: Ano Klidonia – Mikro Papingo (ZW06083x)





Dag 7: Mikro Papingo – Vikos – Aristi brug (ZW08982x)

