



Hoogteprofielen AnnaHiking wandelingen PZWT111I

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(12-8-2021)

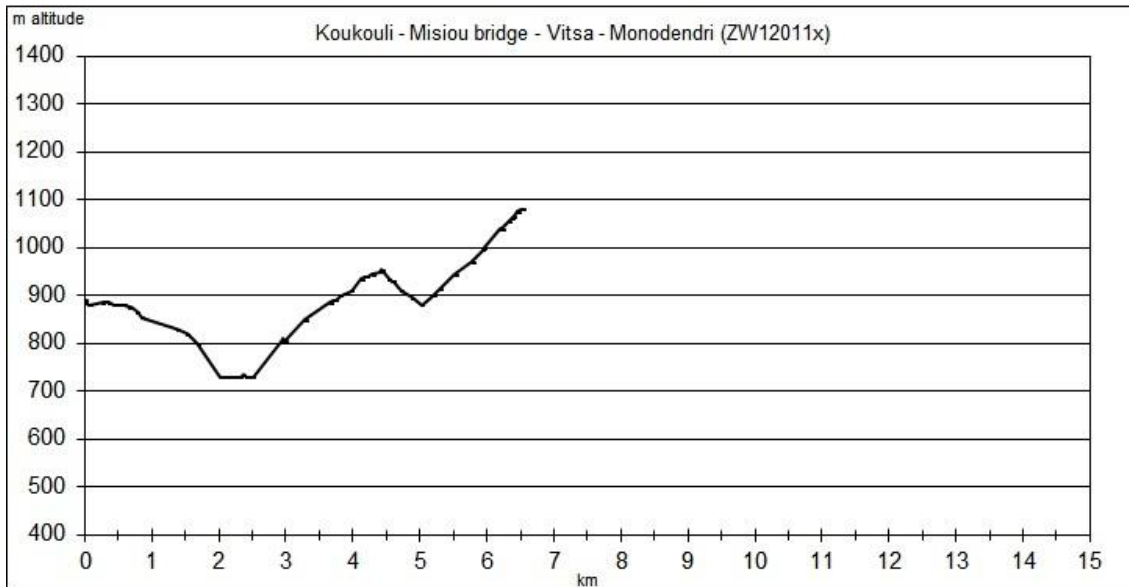


Overzicht wandelingen

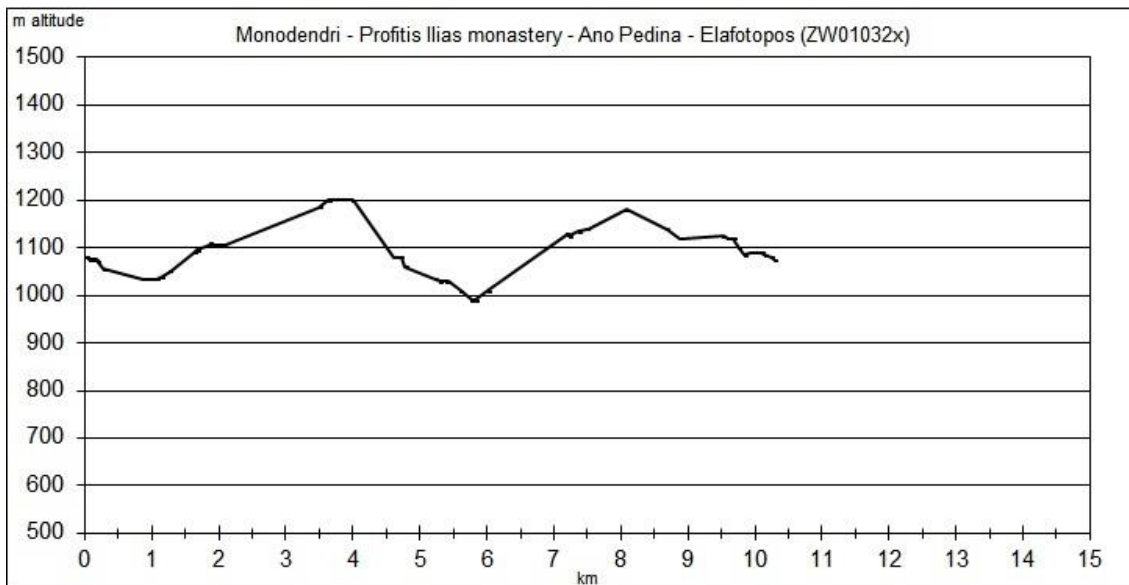
| dag | invulling | overnachting | tijd in uren | lengte in km | m stijgen | m dalen |
|-----|---|---------------|--------------|--------------|-----------|---------|
| 1 | transfer Ioannina-Koukouli | Koukouli | | | | |
| 2 | wandeling ZW12012x | Monodendri | 2:35 | 6,5 | 440 | 250 |
| 3 | wandeling ZWZ01032x | Elafotopos | 3:30 | 9,9 | 375 | 365 |
| 4 | wandeling ZW03041x, transfer naar Aristi (15') | Aristi | 3:30 | 8,9 | 285 | 600 |
| 5 | transfer naar Aristi brug (15'), wandeling ZW98061x | Ano Klidonia | 3:15 | 10,3 | 595 | 145 |
| 6 | wandeling ZW06081x | Mikro Papingo | 3:50 | 11,7 | 640 | 555 |
| | OF: wandeling ZW06083x | | 2:30 | 7,7 | 345 | 260 |
| 7 | wandeling ZW08982x, transfer naar Aristi | Aristi | 3:40 | 9,6 | 350 | 875 |
| 8 | transfer Aristi-Ioannina | | | | | |



Dag 2: Koukouli – Vitsa – Monodendri (ZW12011x)

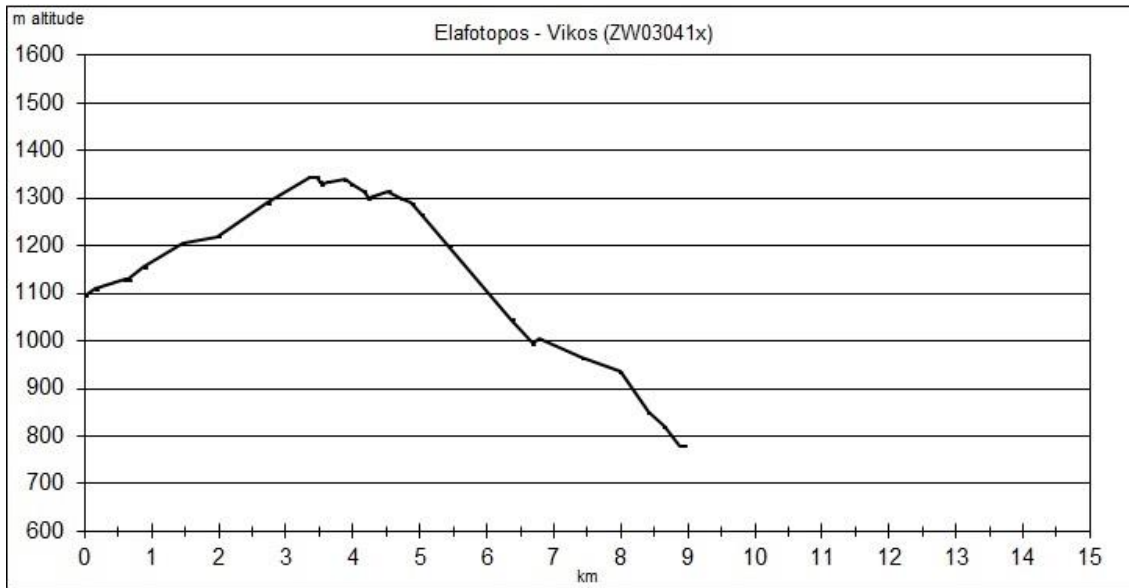


Dag 3: Monodendri – Elafotopos (ZW01032x)

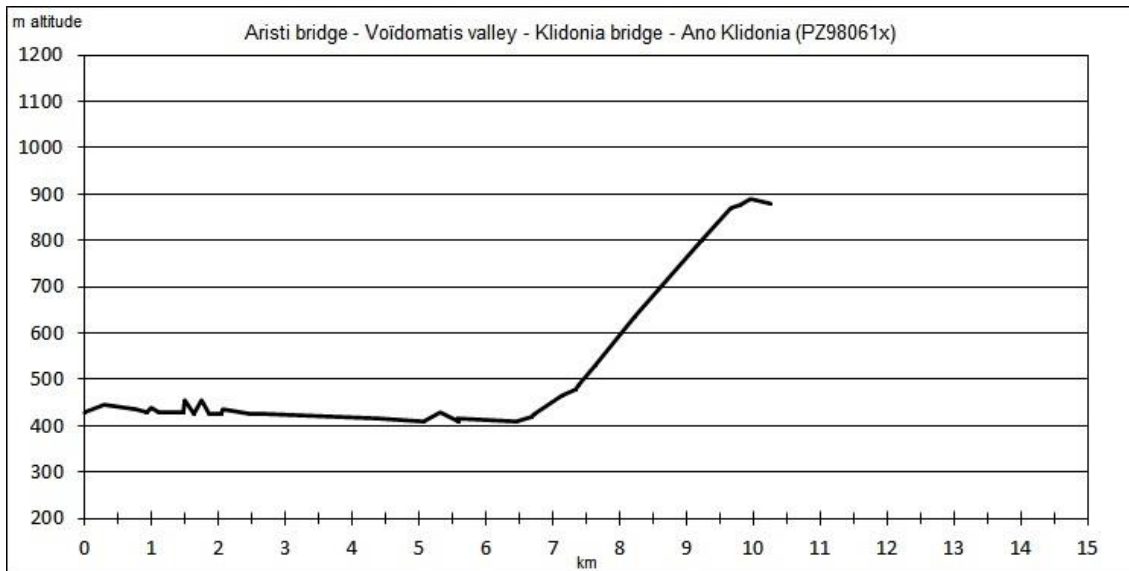




Dag 4: Elafotopos – Vikos (ZW03041x)

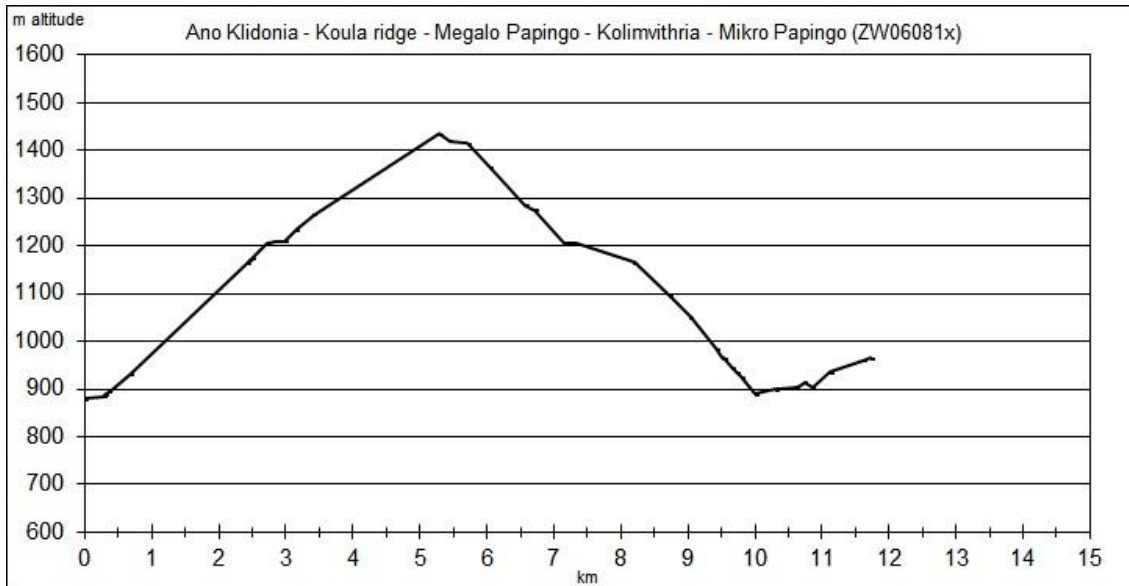


Dag 5: Aristi brug – Ano Klidonia (ZW98061x)

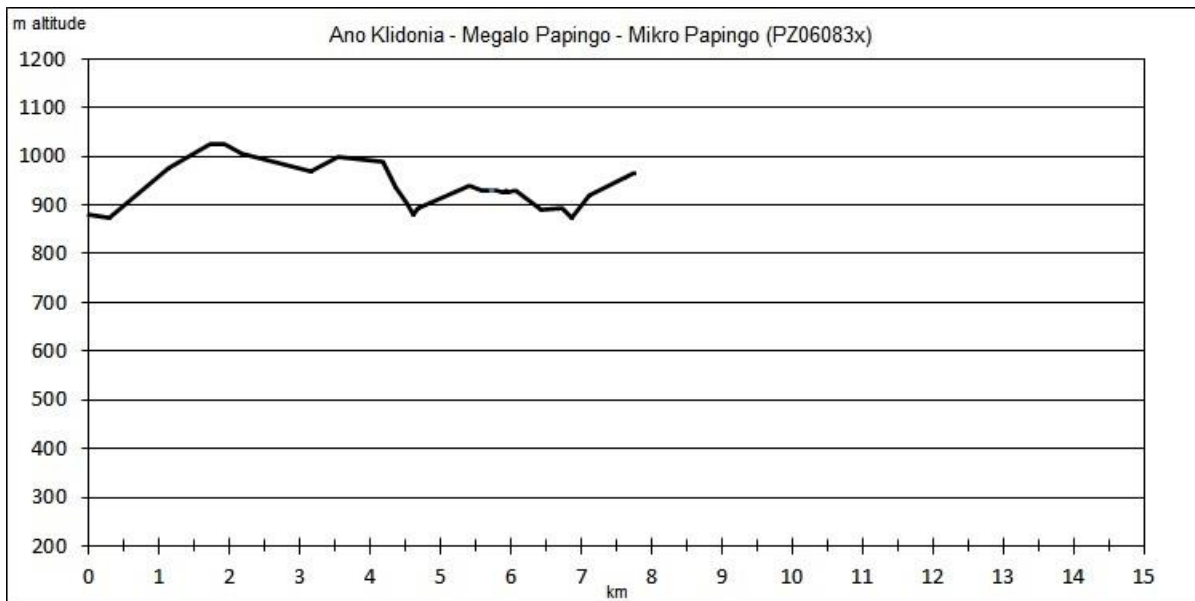




Dag 6: Ano Klidonia – Koula kam – Mikro Papingo (ZW06081x)



Dag 6 alternatief: Ano Klidonia – Mikro Papingo (ZW06083x)





Dag 7: Mikro Papingo – Vikos – Aristi brug (ZW08982x)

