



Hoogteprofielen AnnaHiking wandelingen PZWT112I

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(4-1-2022)

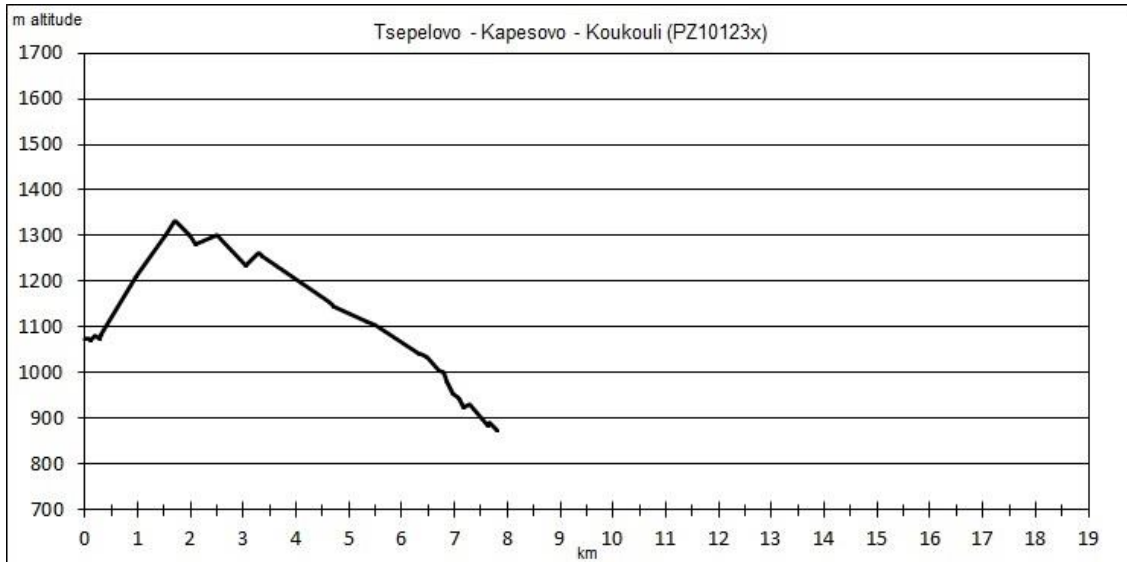


Overzicht wandelingen

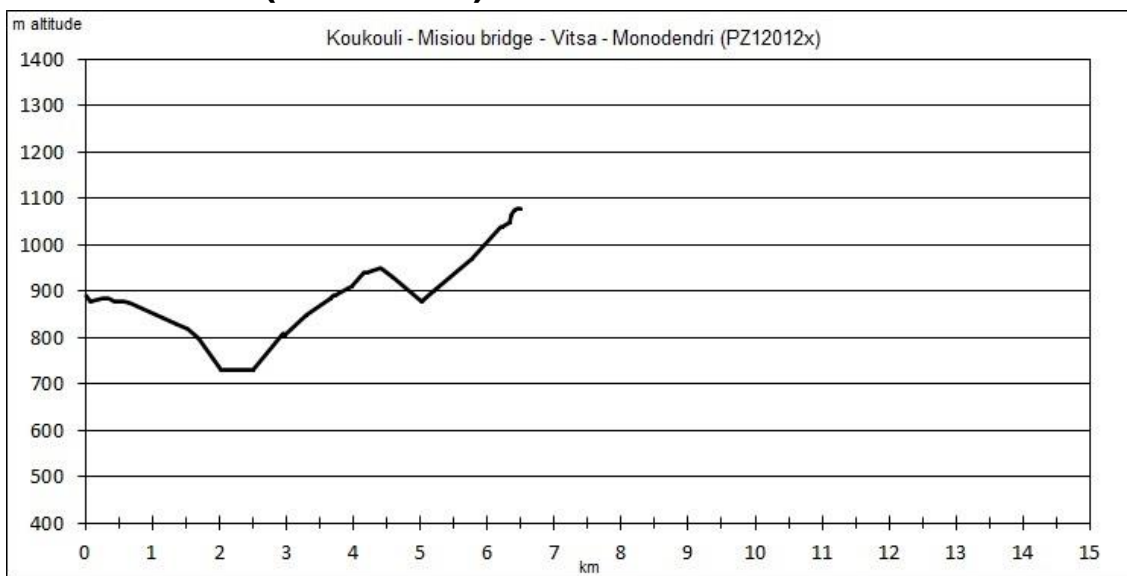
dag	invulling	overnachting	tijd in uren	lengte in km	m stijgen	m dalen
1	transfer Ioannina-Tsepelovo	Tsepelovo				
2	wandeling PZ10123x	Koukouli	3:00	7.8	320	520
3	wandeling PZ12012x	Monodendri	2:35	6.5	440	250
4	wandeling PZ01015a	Monodendri	3:20	9.5	300	300
5	wandeling PZ01032x	Elafotopos	3:30	9.9	375	365
6	wandeling PZ03041x, transfer naar Aristi (15')	Aristi	3:30	8.9	285	600
7	wandeling PZ19051x, transfer naar Aristi (20')	Aristi	2:40	8.4	110	335
8	vertrek					



Dag 2: Tsepelovo - Kapesovo - Koukouli (PZ10123x)

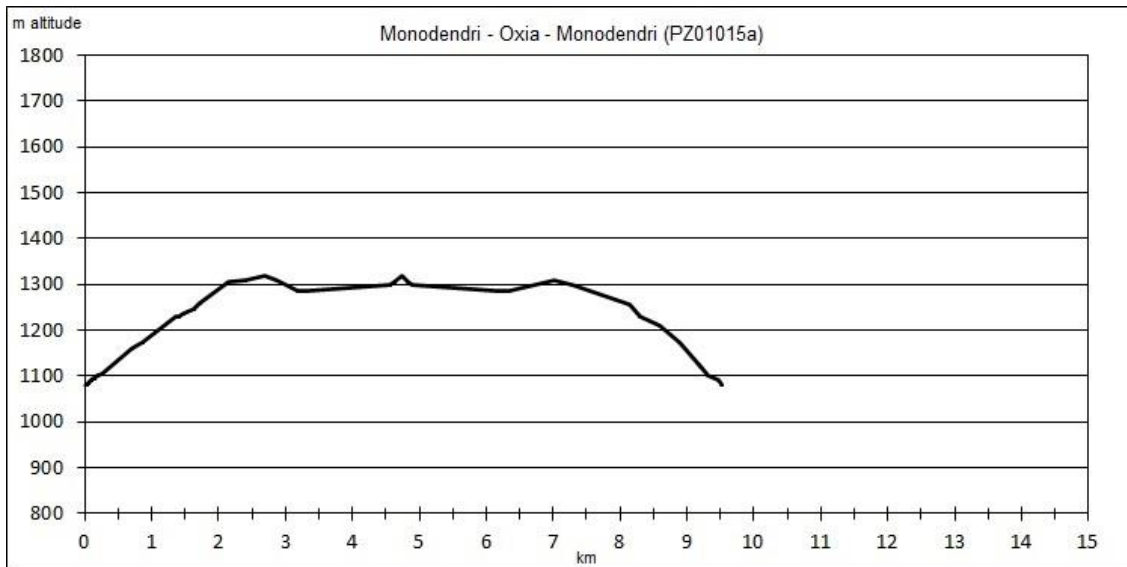


Dag 3: Koukouli - Misiou brug - Vitsa Steps - Vitsa - Monodendri (PZ12012x)

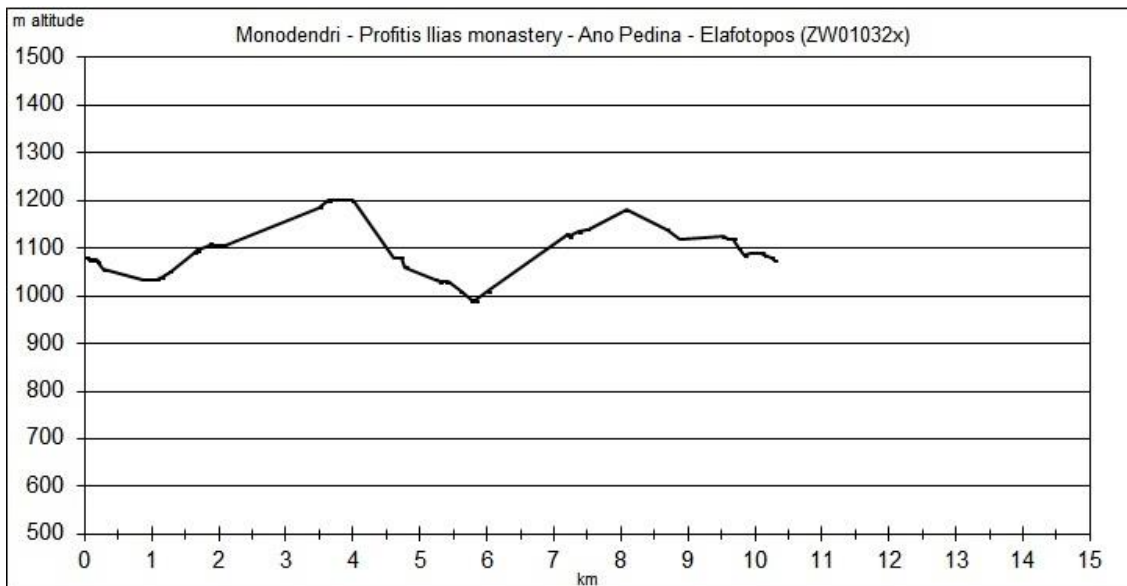




Dag 4: Monodendri - Oxia - Monodendri (PZ01015a)

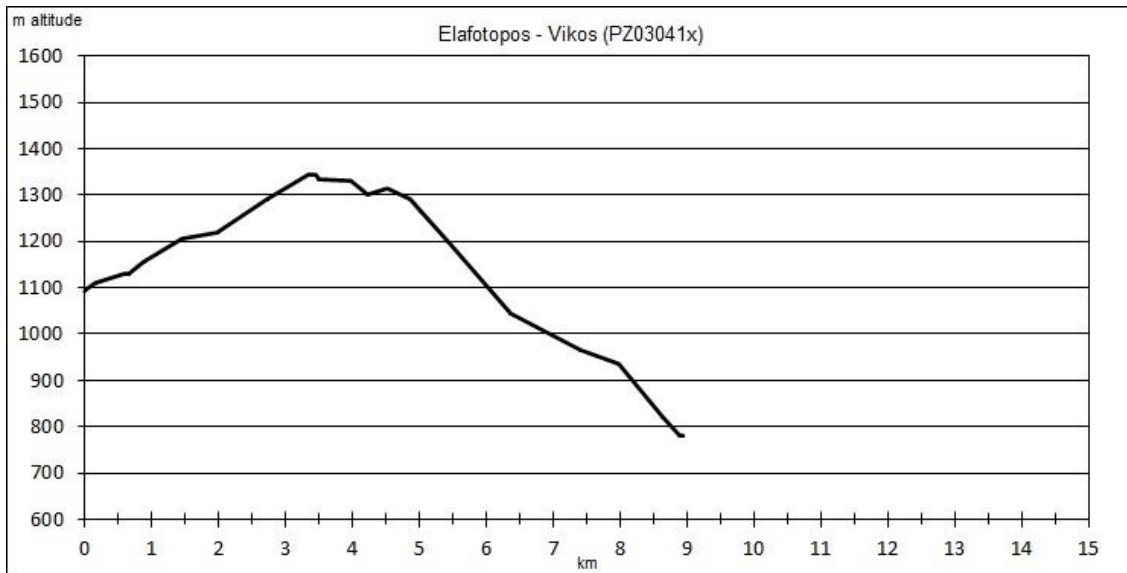


Dag 5: Monodendri - Ano Pedina - Elafotopos (PZ01032x)





Dag 6: Elafotopos - Vikos (PZ03041x)



Dag 7: Aristi - Aristi brug - Voidomatis dal - Kato Klidonia brug (PZ19051x)

