



Hoogteprofielen AnnaHiking wandelingen PZWT118I

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(15-12-2017)

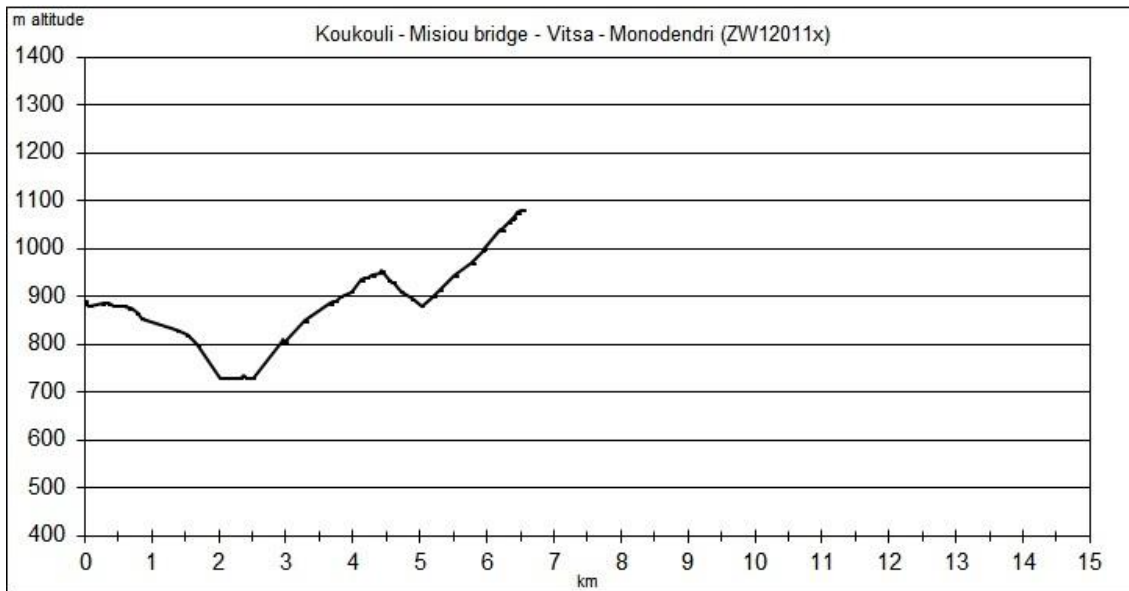


Overzicht wandelingen

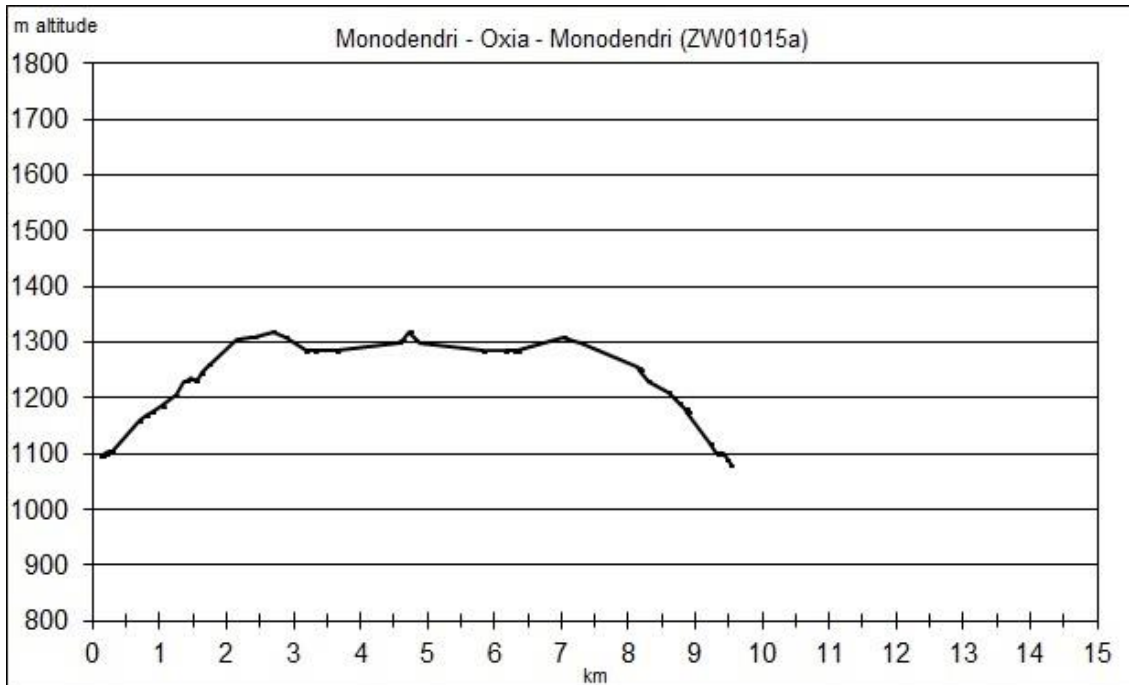
dag	invulling	overnachting	tijd in uren	lengte in km	m stijgen	m dalen
1	transfer Ioannina-Koukouli	Koukouli				
2	wandeling ZW12011x	Monodendri	2:40	6.5	440	250
3	rondwandeling ZW01015a	Monodendri	3:30	9.5	305	305
4	wandeling ZW01032x	Elafotopos	3:30	10.3	375	380
5	wandeling ZW03041x	Vikos	3:45	9.8	310	600
6	wandeling ZW04081x	Papingo	2:30	6.4	530	340
7	rondwandeling ZW08081c	Papingo	2:15	6.9	310	310
8	transfer Papingo-Ioannina					



Dag 2: Koukouli – Misiou brug – Vitsa – Monodendri (ZW12011x)

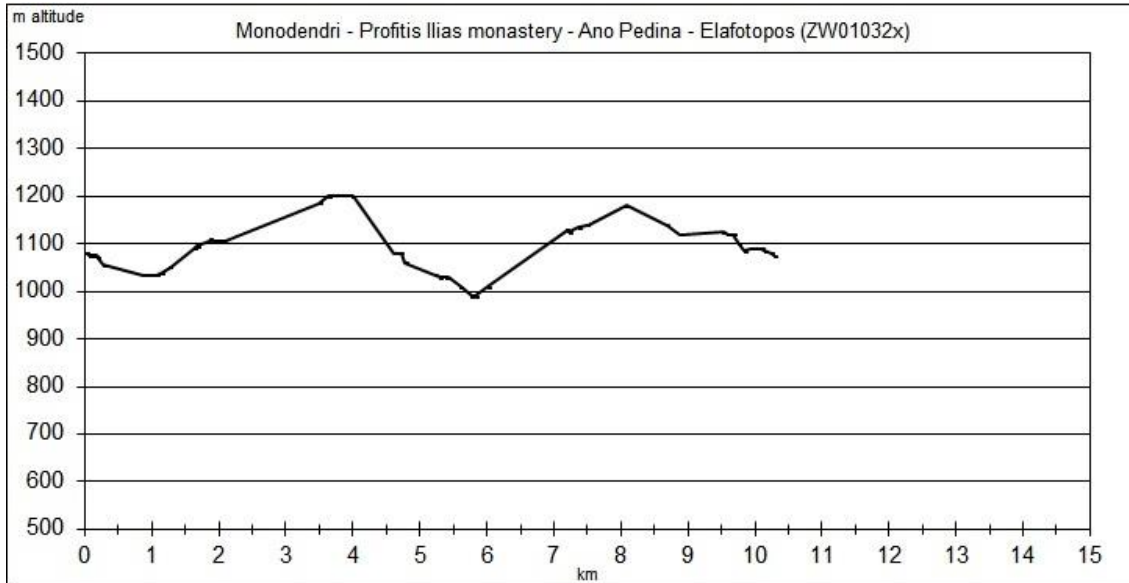


Dag 3: Monodendri – Oxia – Monodendri (ZW01015a)

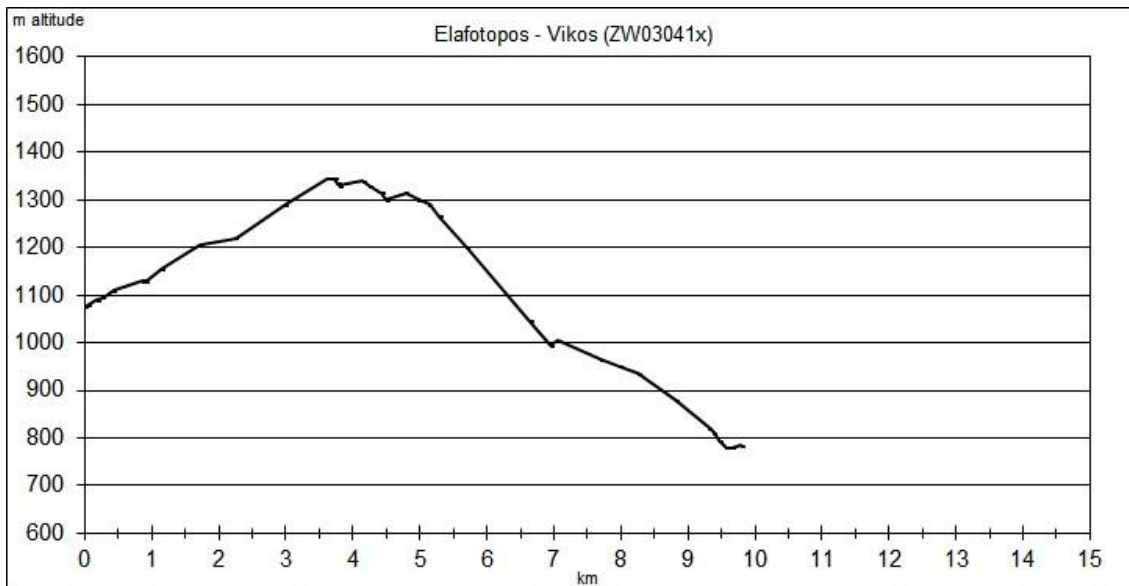




Dag 4: Monodendri – Ano Pedina – Elafotopos (ZW01032x)

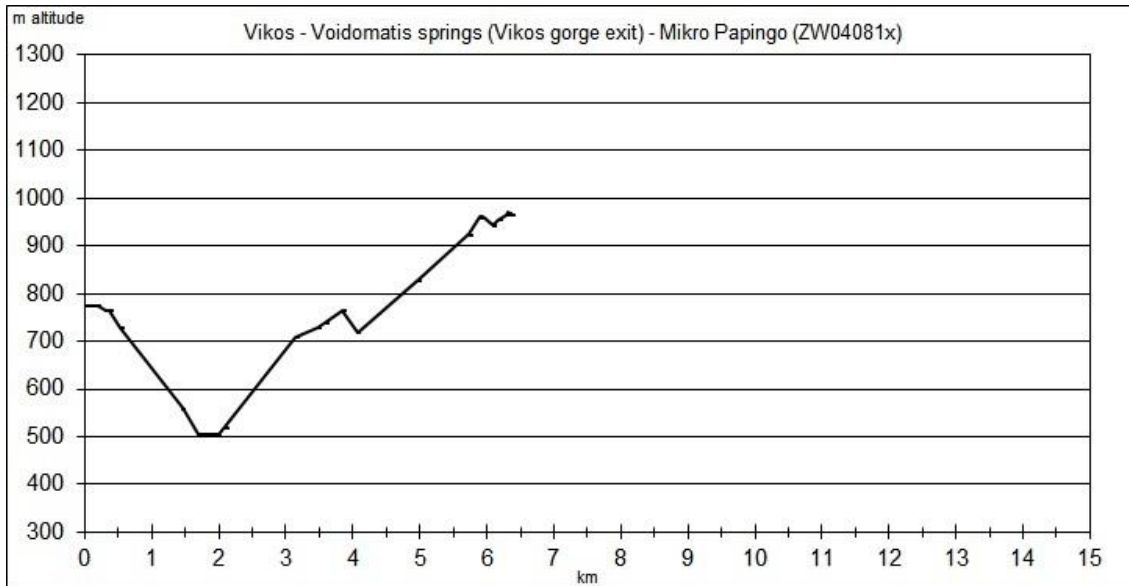


Dag 5: Elafotopos – Vikos (ZW03041x)





Dag 6: Vikos – Voidomatis bronnen – Mikro Papingo (ZW04081x)



Dag 7: Mikro Papingo – Kokkino Lithari – Megalo Papingo – Kolimvithria – Mikro Papingo (ZW08081c)

