



Hoogteprofielen AnnaHiking wandelingen PZWT310I

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(15-1-2020)

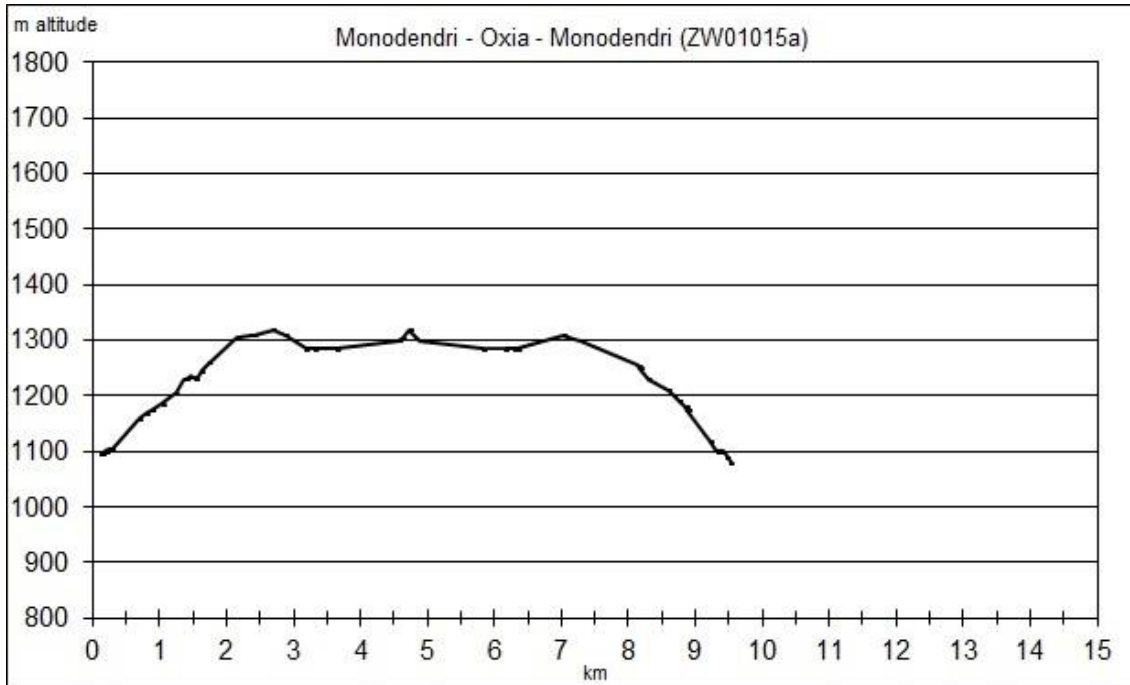


Overzicht wandelingen

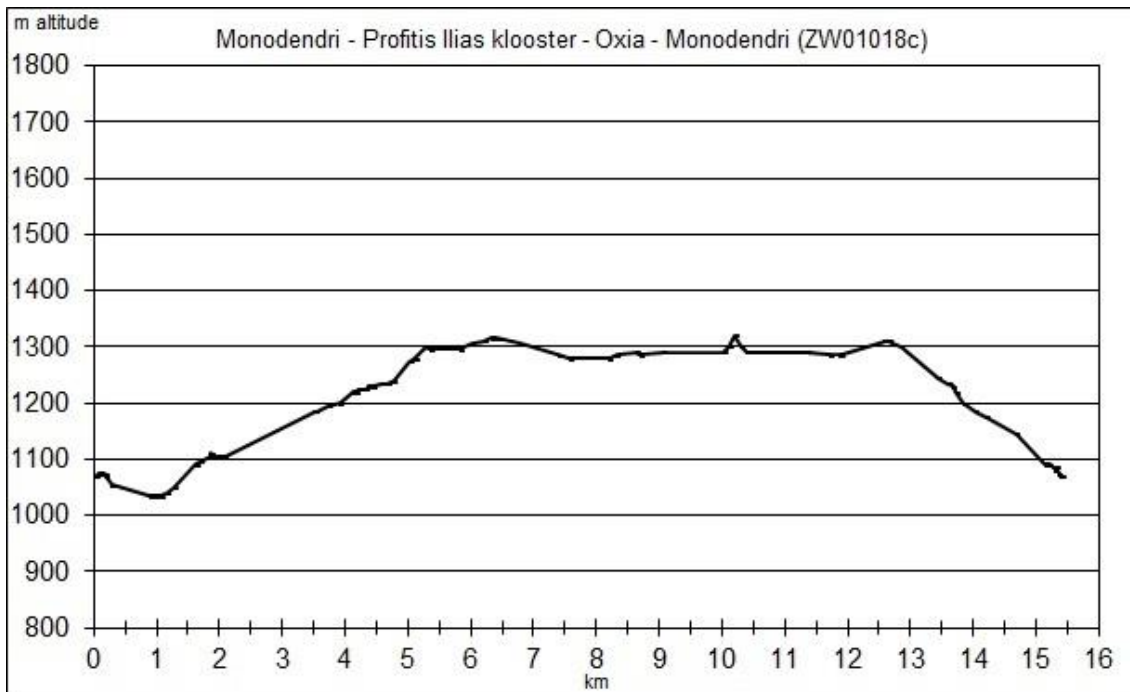
dag	invulling	overnachting	tijd in uren	lengte in km	m stijgen	m dalen
1	transfer Monodendri; middagwandeling PZ01015a	Monodendri	3:30	9.6	305	305
	OF: wandeling PZ01018c		4:30	15.4	370	370
2	wandeling PZ01081x	Mikro Papingo	6:55	15.8	710	825
3	wandeling PZ08982x	Mikro Papingo	5:35	17.5	375	895
4	wandeling PZ08091x	Astrakas hut	4:55	12.1	1375	430
	OF: wandeling PZ08093x		8:15	19.0	1625	670
5	wandeling PZ09101x	Tsepelovo	5:20	15.2	360	1235
6	wandeling PZ10121x	Koukouli	5:20	16.0	695	890
7	wandeling PZ12013x	Monodendri	4:40	12.5	715	525
8	transfer Ioannina					



Dag 1: Monodendri - Oxia - Monodendri (PZ01015a)

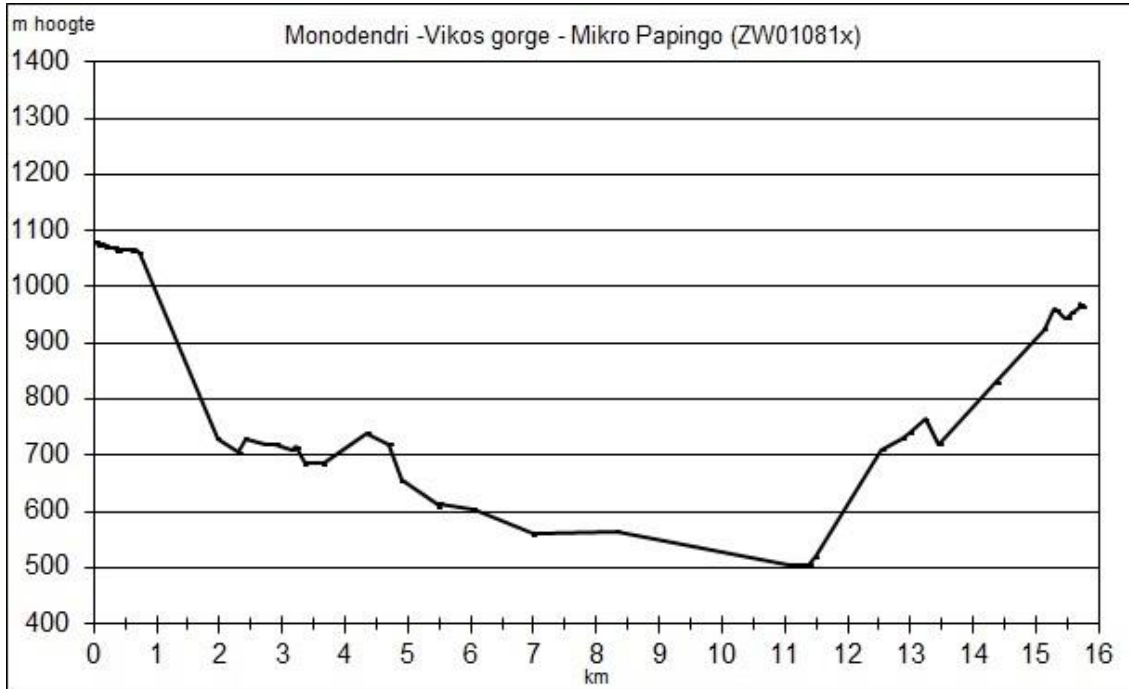


Dag 1 alternatief: Monodendri - Stouros - Oxia - Monodendri (PZ01018c)

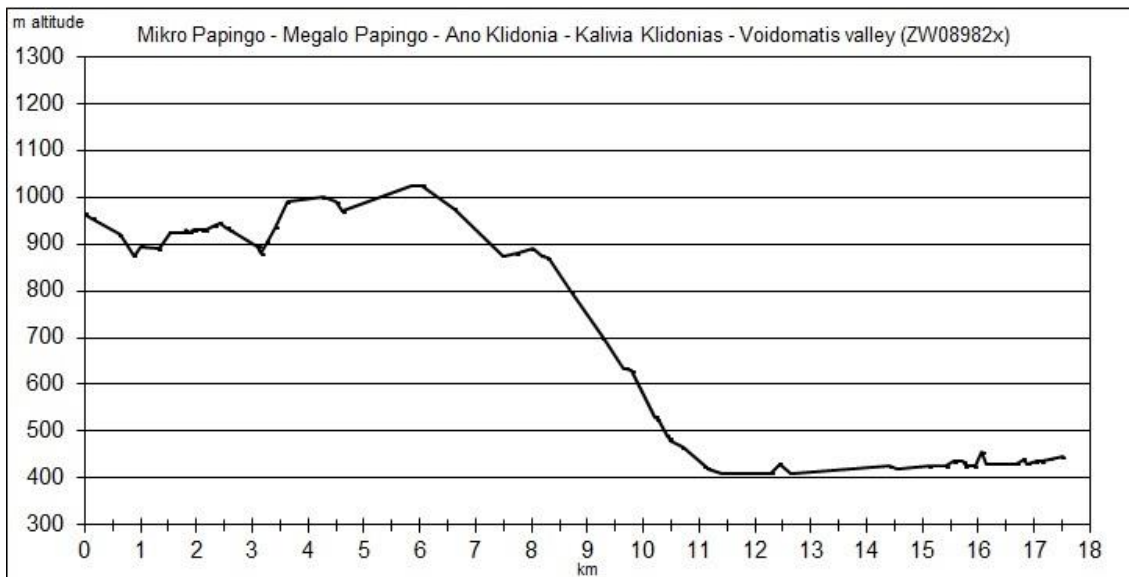




Dag 2: Monodendri - Vikoskloof - Mikro Papingo (PZ01081x)

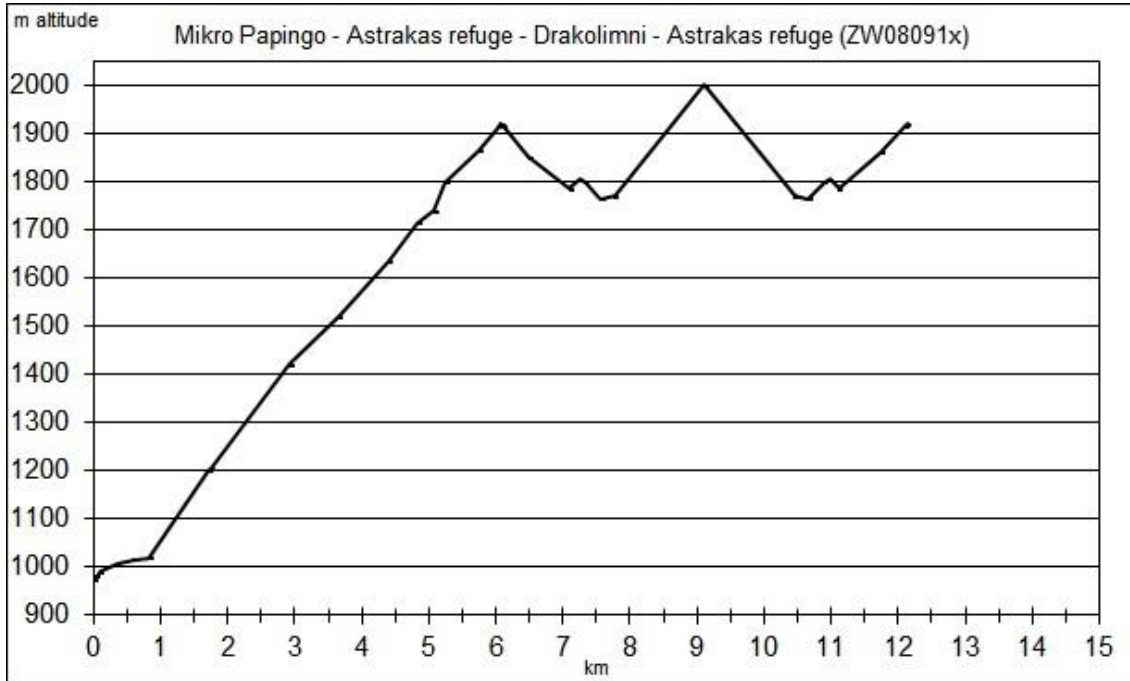


Dag 3: Mikro Papingo - Klidonia - Voidomatis dal (PZ08982x)

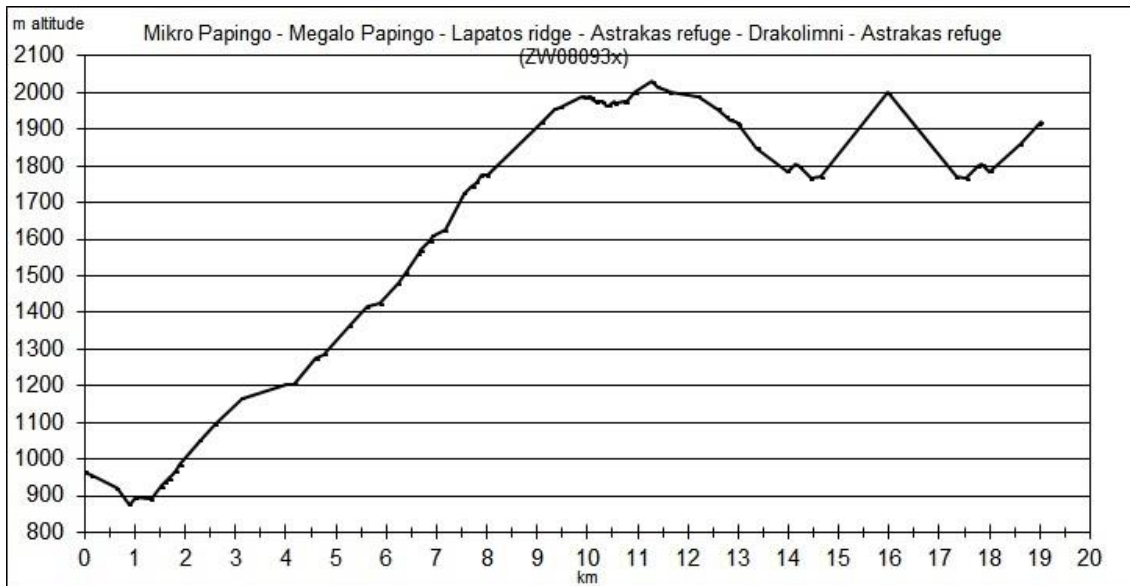




Dag 4: Mikro Papingo - Drakolimni - Astrakas berghut (PZ08091x)

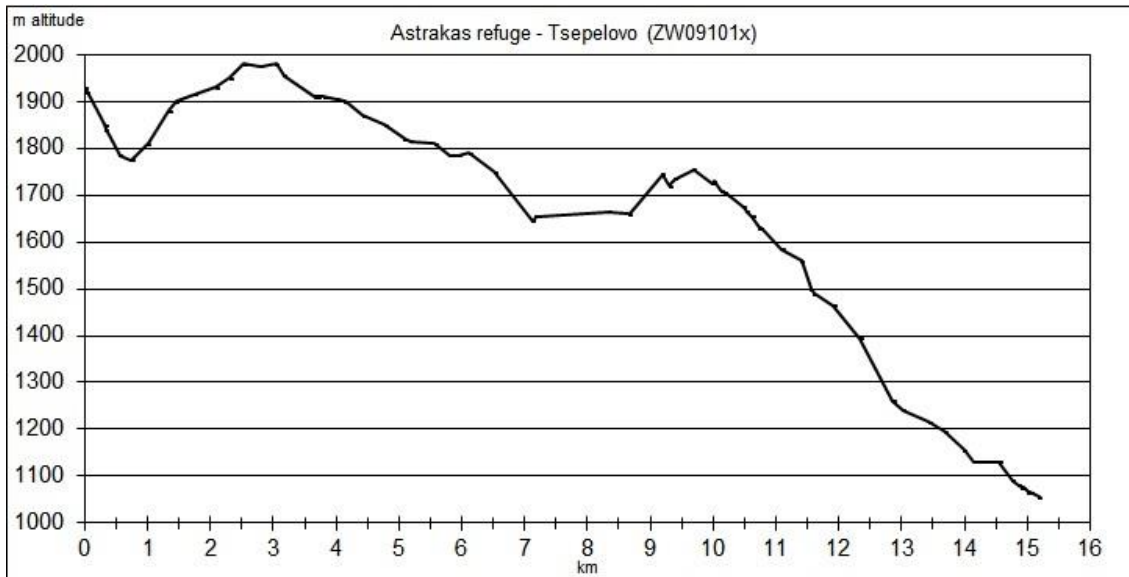


Dag 4 alternatief: Mikro Papingo - Lapatos - Drakolimni - Astrakas berghut (PZ08093x)

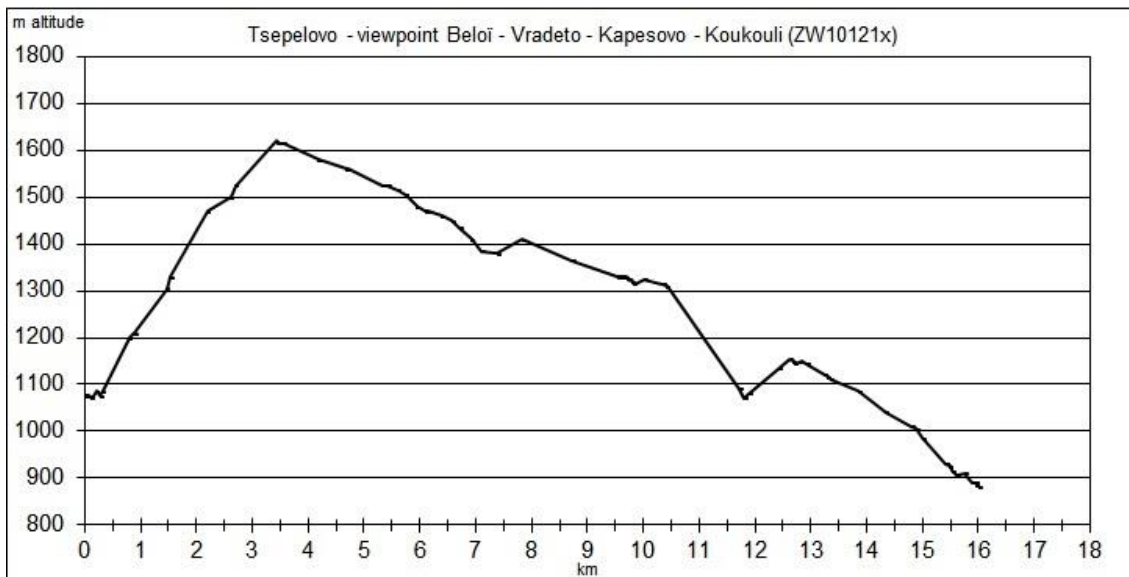




Dag 5: Astrakas hut - Tsepelovo (PZ09101x)



Dag 6: Tsepelovo - Beloï - Vradeto steps - Koukouli (PZ10121x)





Dag 7: Koukouli - bruggen - Monodendri (PZ12013x)

