



Hoogteprofielen AnnaHiking wandelingen PZWT312I

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(30-12-2021)

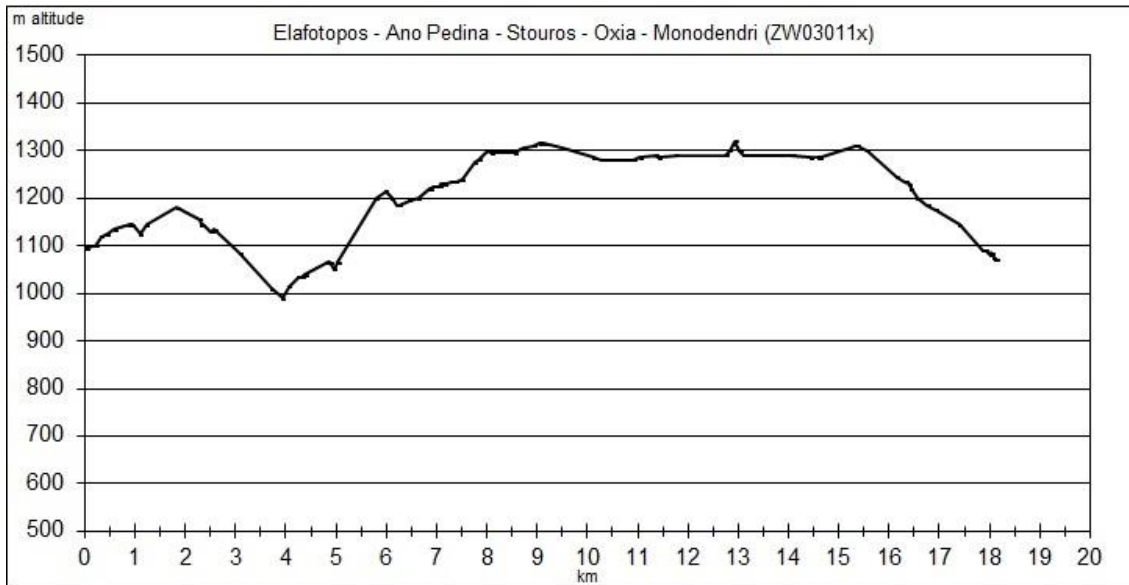


Overzicht wandelingen

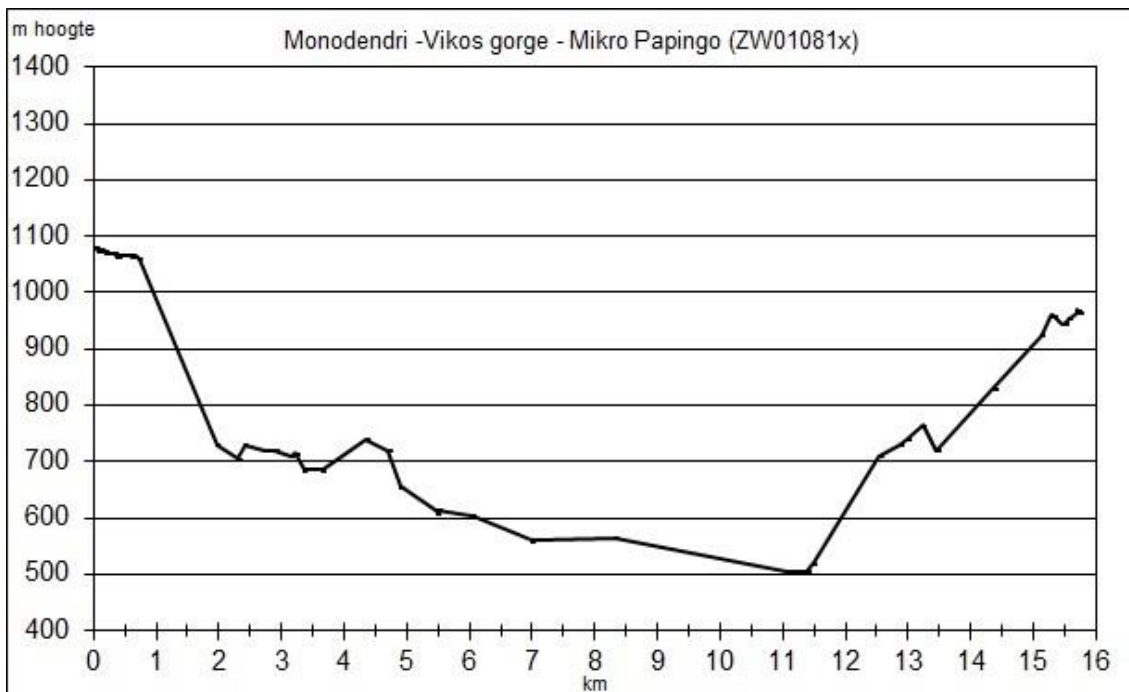
dag	invulling	overnachting	tijd in uren	lengte in km	m stijgen	m dalen
1	transfer Elafotopos	Elafotopos				
2	wandeling PZ03011x	Monodendri	5:50	17.8	545	585
2	wandeling PZ01081x	Mikro Papingo	7:00	15.8	710	825
4	wandeling PZ08091x	Astrakas hut	5:00	12.1	1375	430
	OF: wandeling PZ08093x		8:15	19.0	1625	670
5	wandeling PZ09101x	Tsepelovo	5:20	15.2	360	1235
6	wandeling PZ10131x	Kipi	6:00	18.2	705	1015
7	wandeling PZ13011x	Monodendri	4:15	11.8	720	395
8	transfer Ioannina					



Dag 2: Elafotopos - Ano Pedina - Stouros - Oxia - Monodendri (PZ03011x)

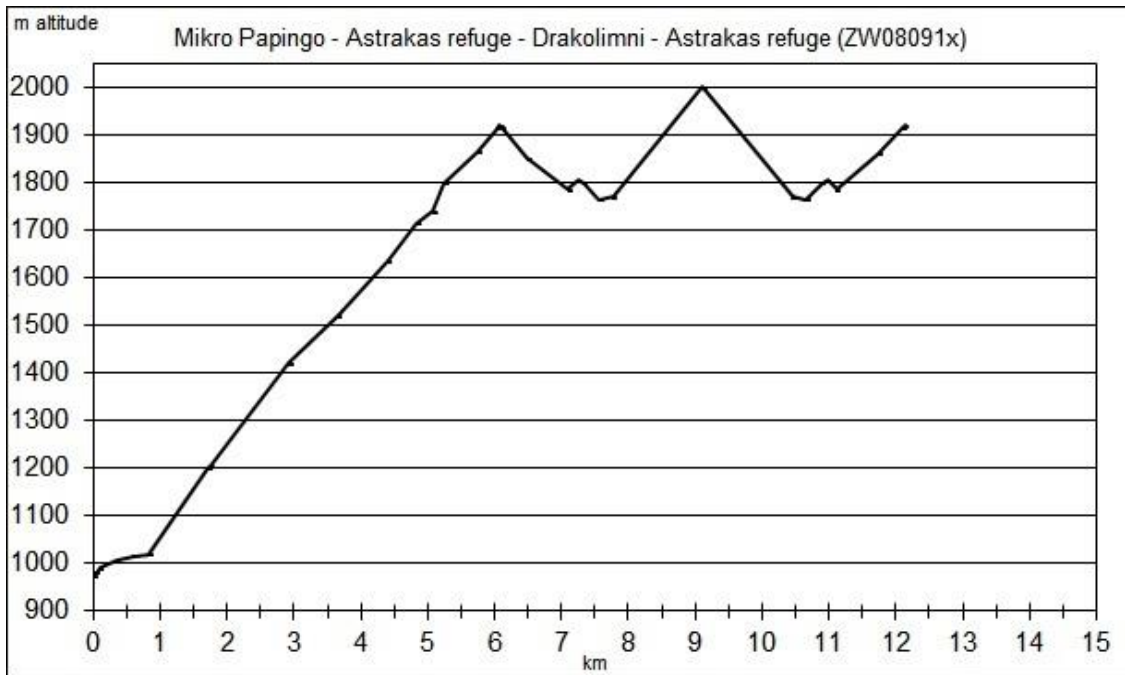


Dag 3: Monodendri - Vikoskloof - Mikro Papingo (PZ01081x)

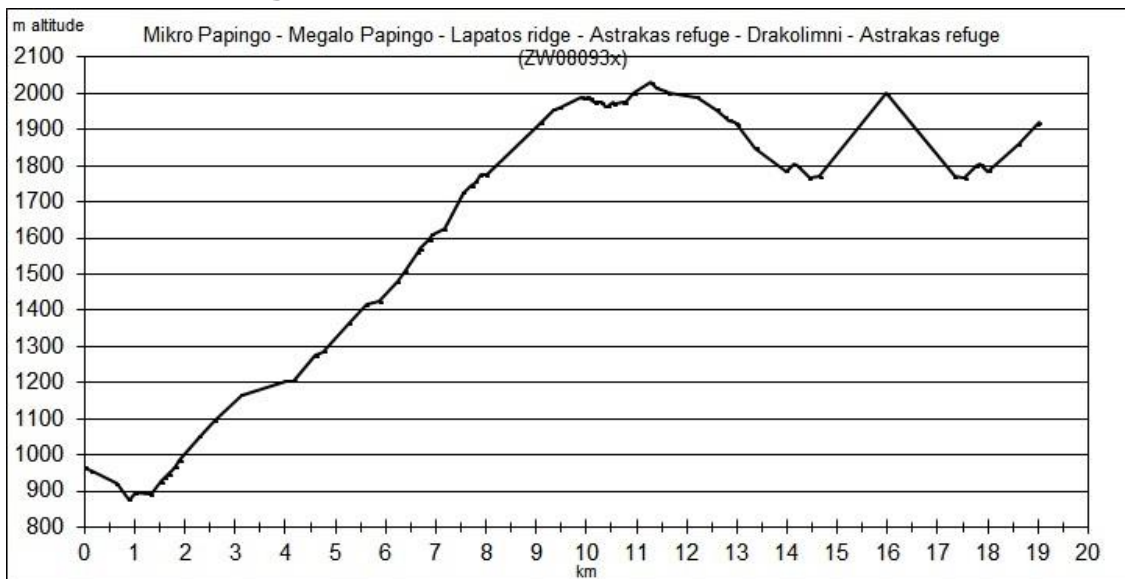




Dag 4: Mikro Papingo - Drakolimni - Astrakas berghut (PZ08091x)

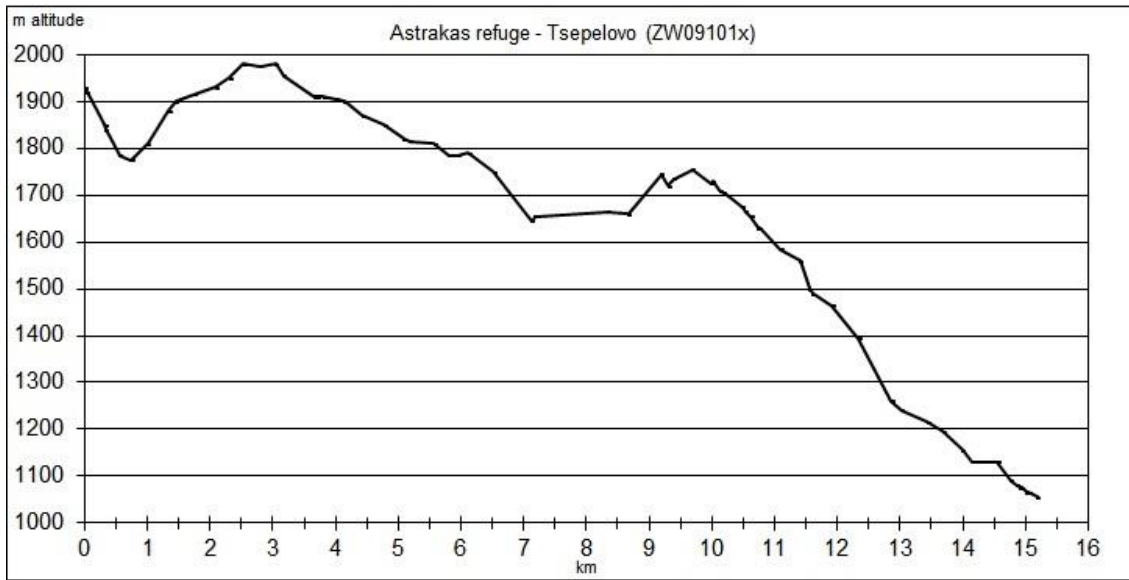


Dag 4 alternatief: Mikro Papingo - Lapatos - Drakolimni - Astrakas berghut (PZ08093x)

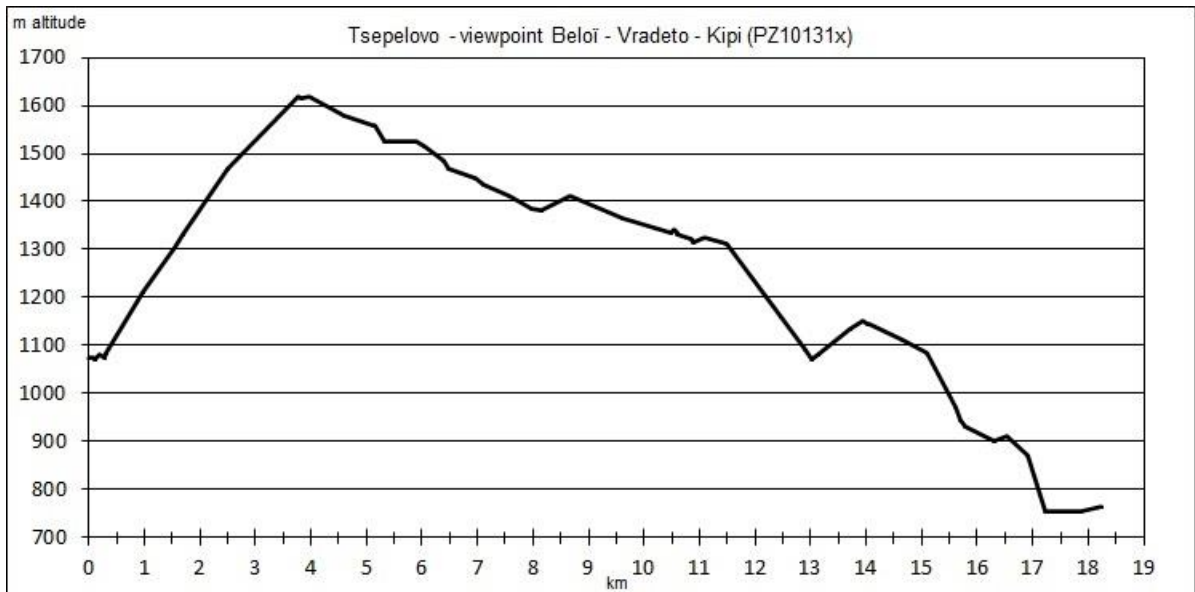




Dag 5: Astrakas hut - Tsepelovo (PZ09101x)



Dag 6: Tsepelovo - Beloï - Vradeto steps - Kipi (PZ10131x)





Dag 7: Kipi - bruggen - Monodendri (PZ13011x)

