



## **Hoogteprofielen AnnaHiking wandelingen PZWT313I**

Overzicht wandelingen .....	2
Dag 2: Aristi - Grabala top - Elafotopos (PZ19031x).....	3
Dag 3: Elafotopos - Ano Pedina - Stouros - Oxia - Monodendri (PZ03011x) .....	3
Dag 4: Monodendri - Vikoskloof - Mikro Papingo (PZ01081x).....	4
Dag 5: Mikro Papingo - Drakolimni - Astrakas berghut (PZ08091x).....	4
Dag 6: Astrakas hut - Tsepelovo (PZ09101x) .....	5
Dag 7: Tsepelovo - Beloi - Vradeto steps - Kipi (PZ10131x) .....	5
Dag 8: Kipi - bruggen - Monodendri (PZ13011x).....	6



(4-1-2023)

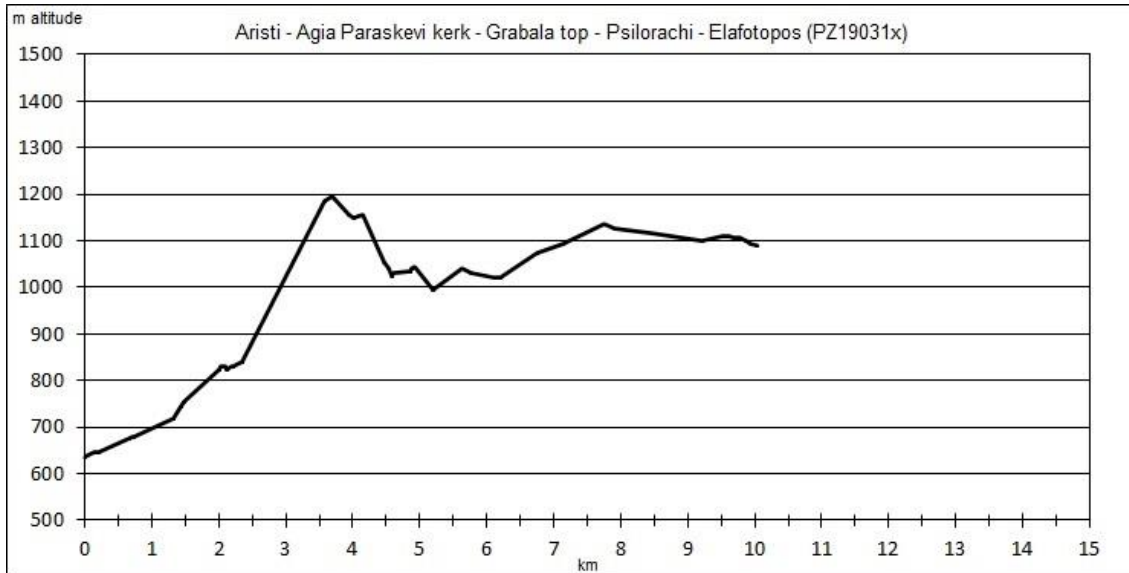


## Overzicht wandelingen

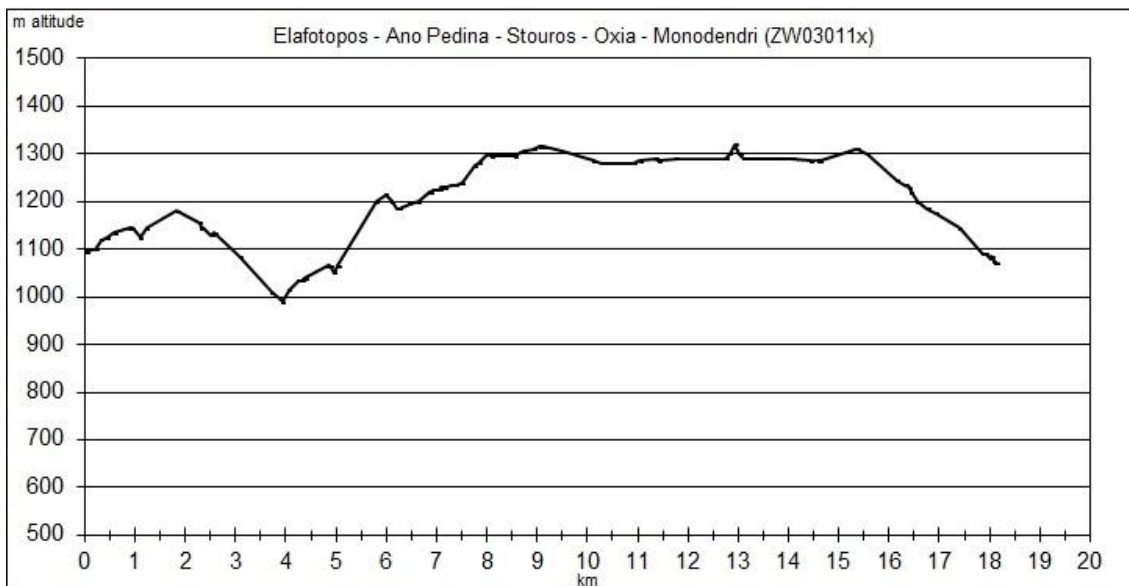
dag	invulling	overnachting	tijd in uren	lengte in km	m stijgen	m dalen
1	transfer naar Aristi	Aristi				
2	wandeling PZ19031x	Elafotopos	4:15	9.8	670	290
2	wandeling PZ03011x	Monodendri	5:50	17.8	545	585
4	wandeling PZ01081x	Mikro Papingo	7:00	15.8	710	825
5	wandeling PZ08091x	Astrakas hut	5:00	12.1	1375	430
6	wandeling PZ09101x	Tsepelovo	5:20	15.2	360	1235
7	wandeling PZ10131x	Kipi	6:00	18.2	705	1015
8	wandeling PZ13011x	Monodendri	4:15	11.8	720	395
9	transfer Ioannina					



## Dag 2: Aristi - Grabala top - Elafotopos (PZ19031x)

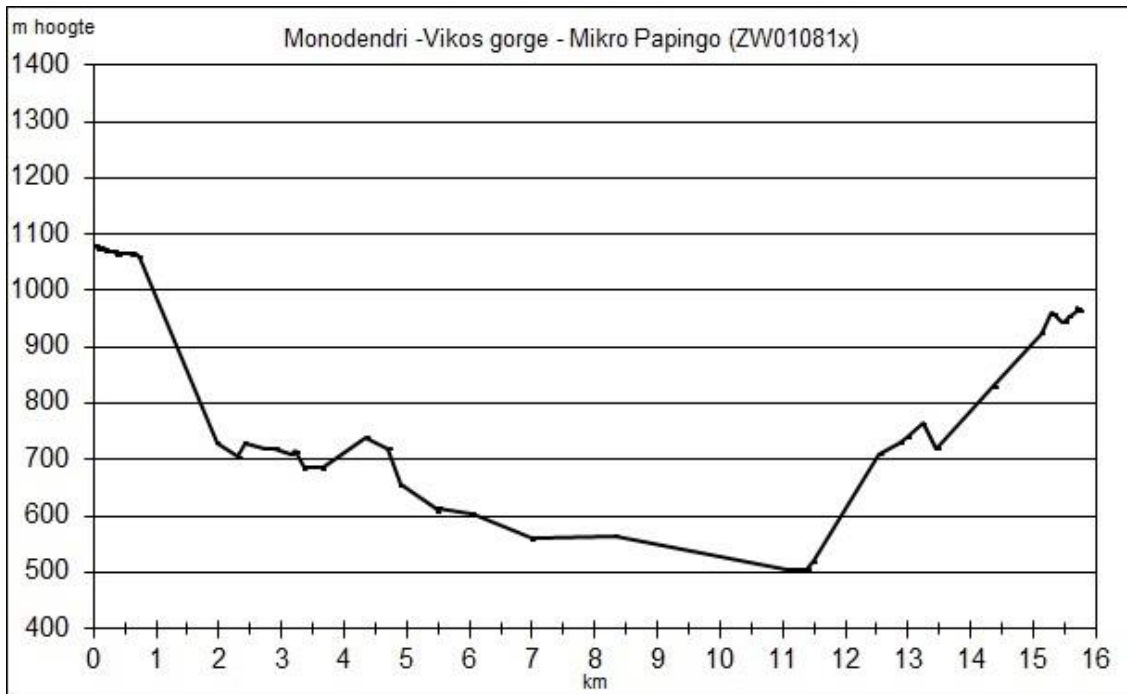


## Dag 3: Elafotopos - Ano Pedina - Stouros - Oxia - Monodendri (PZ03011x)

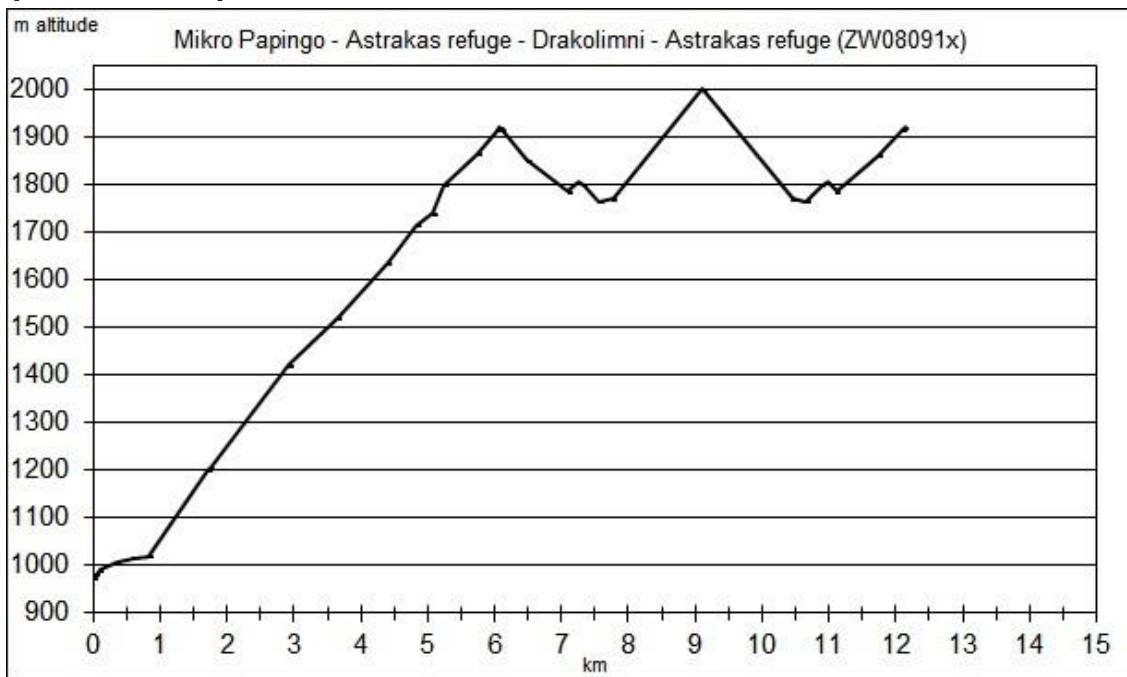




## Dag 4: Monodendri - Vikoskloof - Mikro Papingo (PZ01081x)

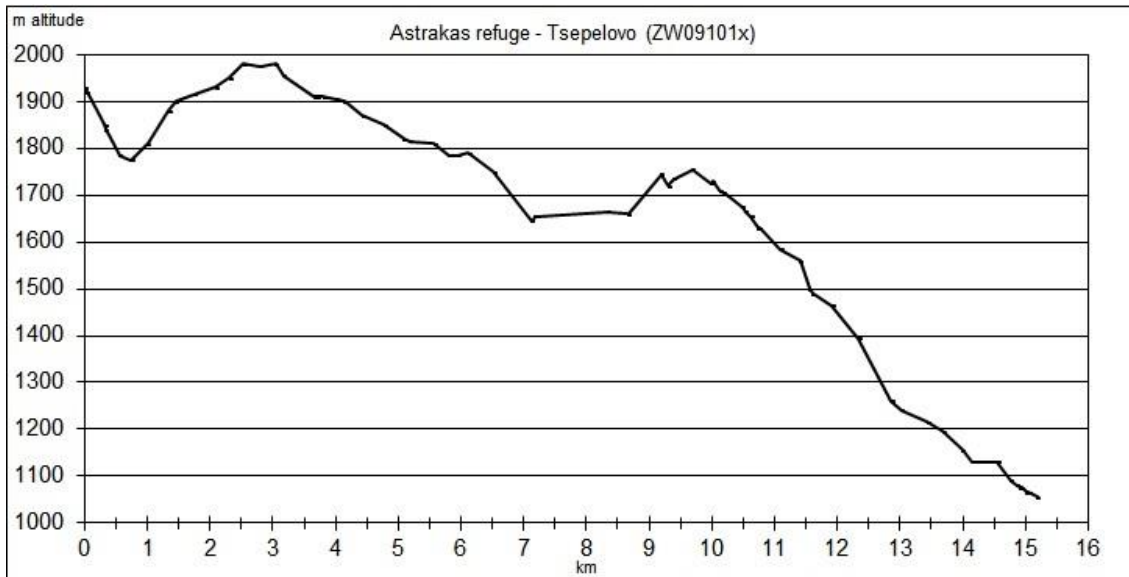


## Dag 5: Mikro Papingo - Drakolimni - Astrakas berghut (PZ08091x)

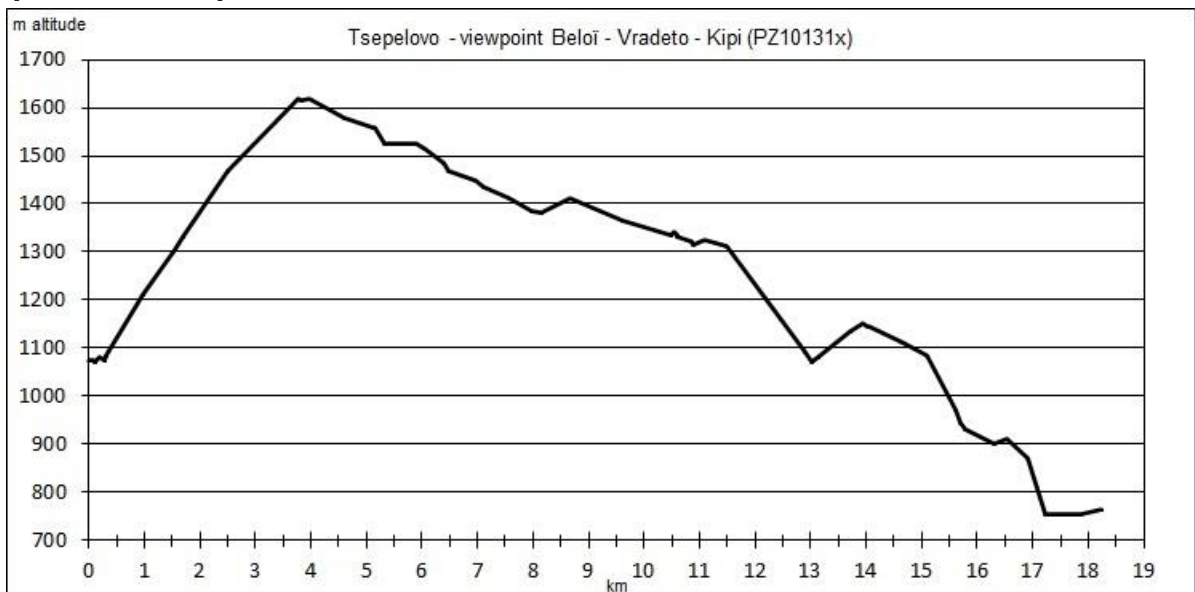




## Dag 6: Astrakas hut - Tsepelovo (PZ09101x)



## Dag 7: Tsepelovo - Beloï - Vradeto steps - Kipi (PZ10131x)





## Dag 8: Kipi - bruggen - Monodendri (PZ13011x)

