



Hoogteprofielen AnnaHiking wandelingen PZWT316I

Overzicht wandelingen	2
Dag 2: Aristi - Grabala top - Elafotopos (PZ19031x).....	3
Dag 3: Elafotopos - Ano Pedina - Stouros - Oxia - Monodendri (PZ03011x).....	3
Dag 4: Monodendri - Vikoskloof - Mikro Papingo (PZ01081x).....	4
Dag 5: Mikro Papingo - Drakolimni - Astrakas berghut (PZ08091x).....	4
Dag 6: Astrakas hut - Tsepelovo (PZ09101x)	5
Dag 7: Tsepelovo - Beloï - Vradeto steps - Kipi (PZ10131x)	5
Dag 8: Kipi - bruggen - Monodendri (PZ13011x).....	6



(7-5-2026)

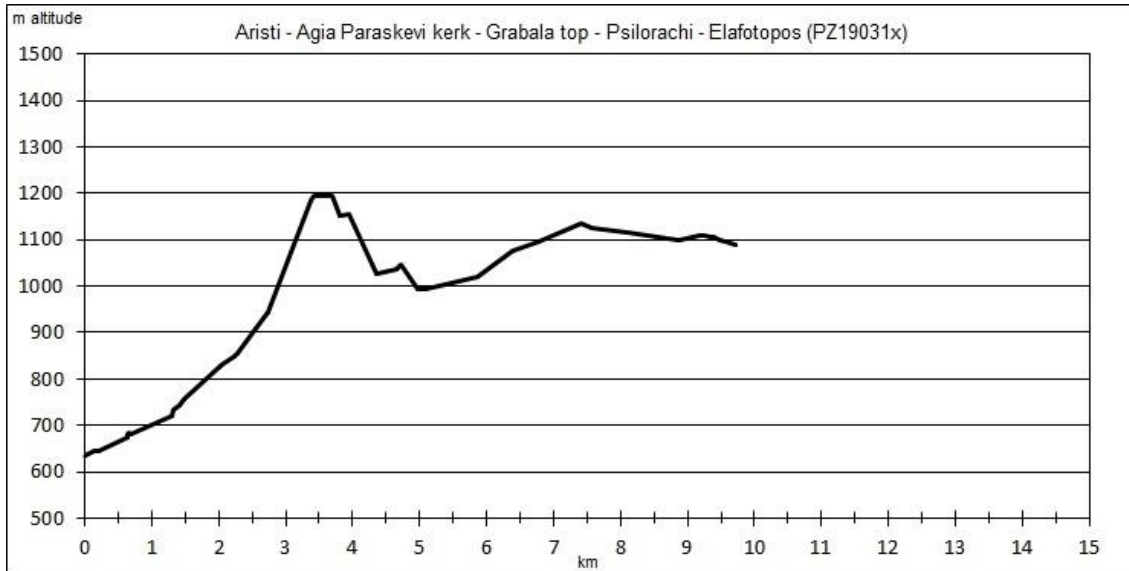


Overzicht wandelingen

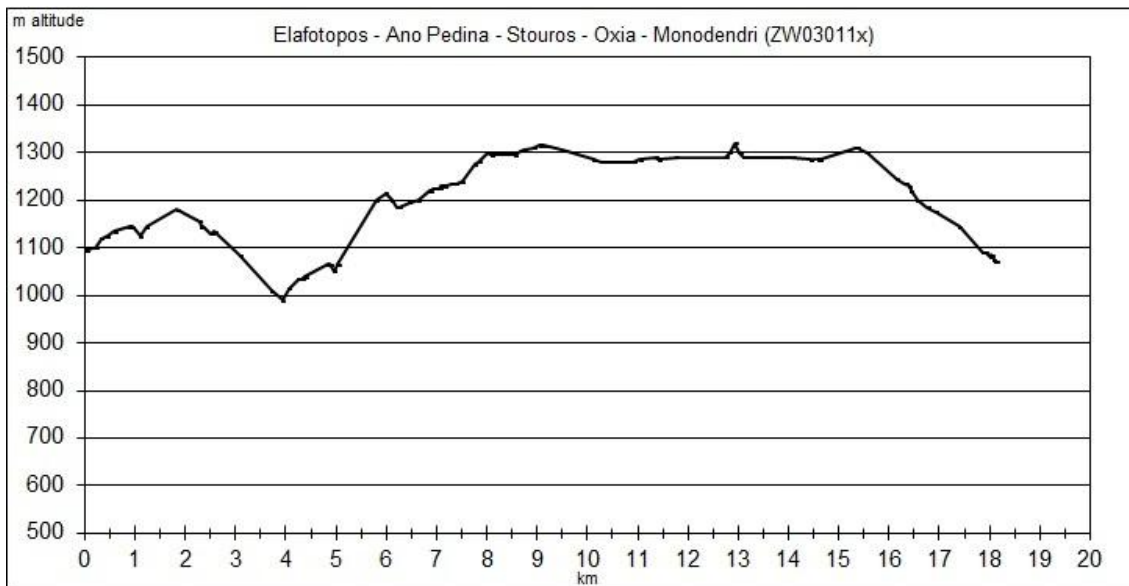
dag	invulling	overnachting	tijd in uren	lengte in km	m stijgen	m dalen
1	transfer naar Aristi	Aristi				
2	wandeling PZ19031x	Elafotopos	4:20	9.7	740	285
2	wandeling PZ03011x	Monodendri	5:50	17.8	545	585
4	wandeling PZ01081x	Mikro Papingo	7:00	15.8	710	825
5	wandeling PZ08091x	Astrakas hut	6:00	12.8	1385	440
6	wandeling PZ09101x	Tsepelovo	5:40	15.0	325	1165
7	wandeling PZ10131x	Kipi	6:40	18.2	705	1015
8	wandeling PZ13011x	Kipi	4:25	11.8	720	395
9	transfer Ioannina					



Dag 2: Aristi - Grabala top - Elafotopos (PZ19031x)

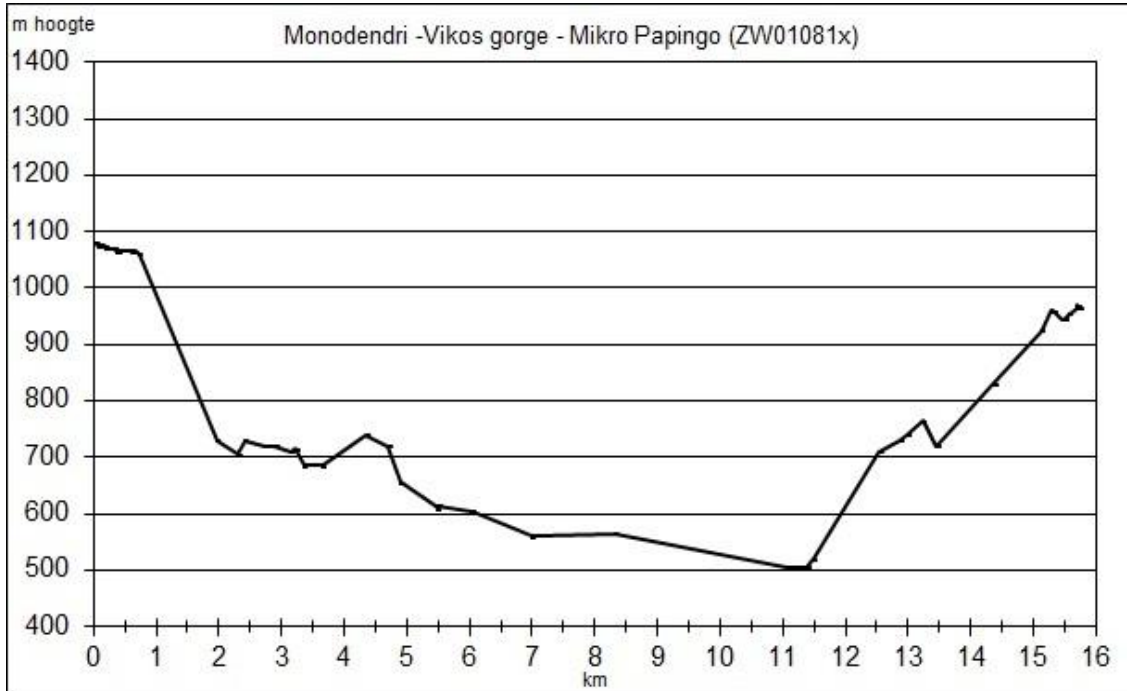


Dag 3: Elafotopos - Ano Pedina - Stouros - Oxia - Monodendri (PZ03011x)

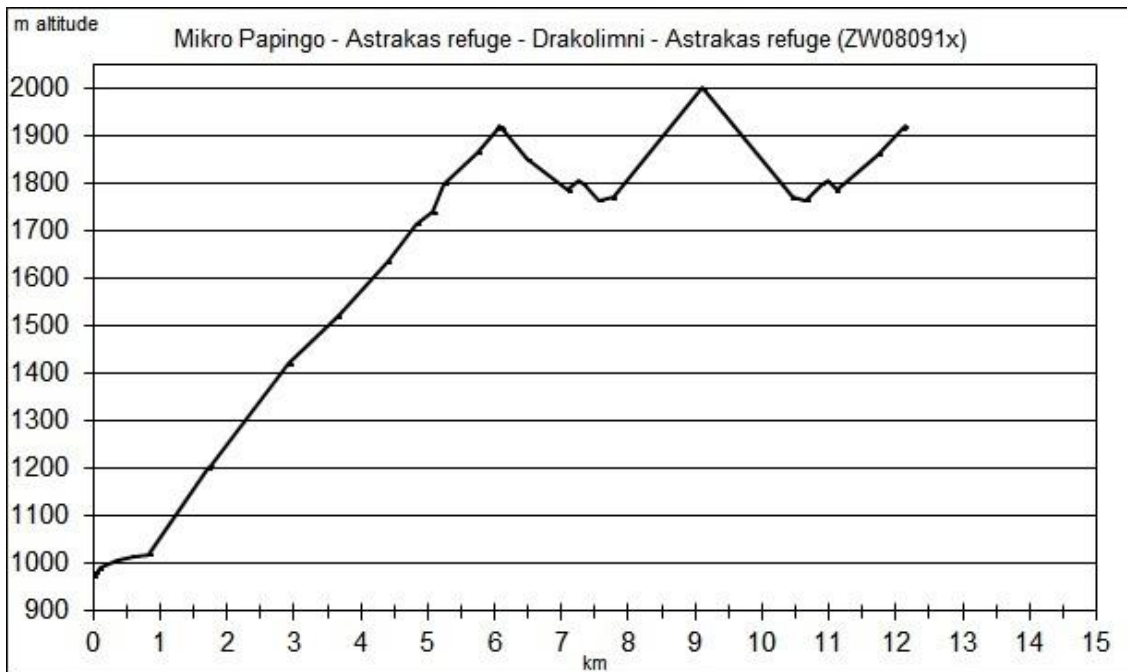




Dag 4: Monodendri - Vikoskloof - Mikro Papingo (PZ01081x)

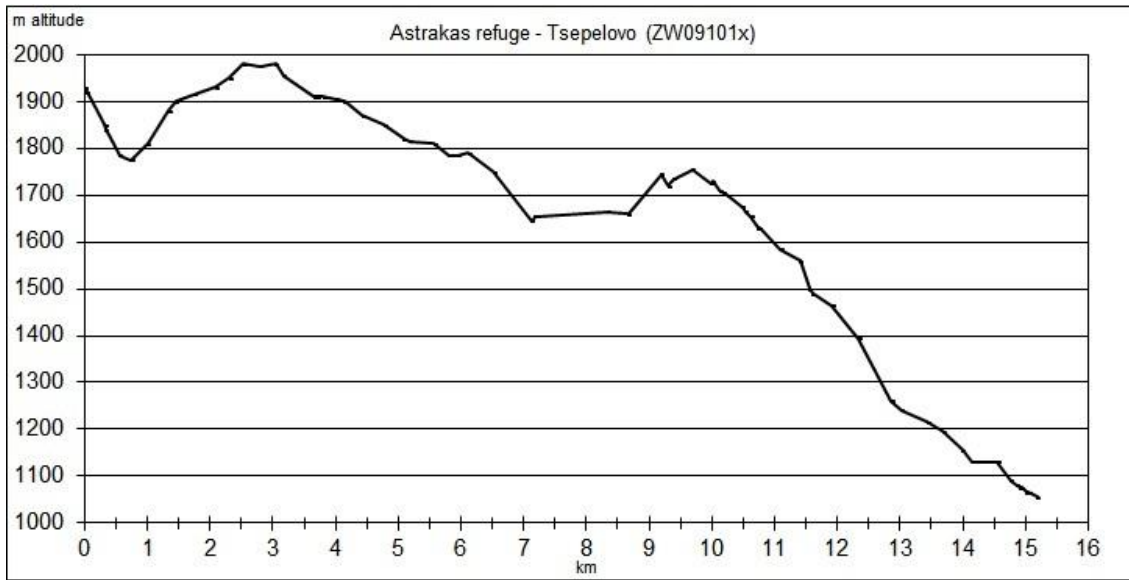


Dag 5: Mikro Papingo - Drakolimni - Astrakas berghut (PZ08091x)

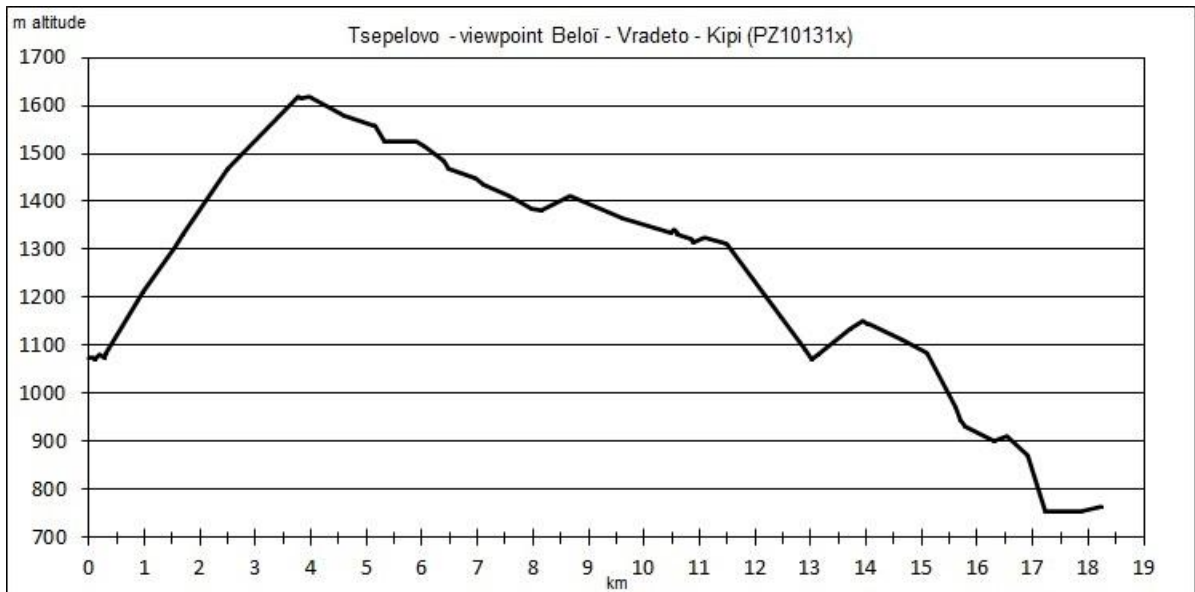




Dag 6: Astrakas hut - Tsepelovo (PZ09101x)



Dag 7: Tsepelovo - Beloï - Vradeto steps - Kipi (PZ10131x)





Dag 8: Kipi - bruggen - Monodendri (PZ13011x)

